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THURSDAY MARCH 28TH, 2019

Remember to put your clocks forward one hour this Sunday!

Y Bont Faen WI celebrates 30 years of inspiring members - turn to page 3.

Cowbridge 10k sets ambitious £10,000 target for fundraising

THE eighth Cowbridge 10k event for Cancer Research UK will take place on Sunday, September 29, with registration open from Monday, June 10.

Organiser Anne Birt said the number of people allowed to take part will not be increased.

She explained: "We had 600 runners in 2018 and think that this is a manageable number, so we will restrict this year's event to the same number.

"The run has evolved considerably over time and we now have a wonderful route through farm and woodland and we also have chip-timing which is a must for the more serious runner.

"The event remains a community effort and all ages and abilities are welcome. On the day there will be a 10k, a 6k and a 1k. There will be medals and t-shirts for all those who take part.

"The run has netted around £25,000 over its lifetime but we are hoping for a bumper fundraise this year of £10,000."

The event sponsors for 2019 are Legacy Leisure, Penllyn Farm Estate, Siteserv and Brinsons and Birt.

TC

Cowbridge 10k has a new logo this year and registration for the run will be open from June 10.

Darren Farm developers to work with residents' group following MP's intervention

VALE MP Alun Cairns has brought together Cowbridge and Llanblethian Residents' Group and the managing director of Taylor Wimpey South Wales, Campbell Gregg, to provide an opportunity to discuss continuing issues at the Taylor Wimpey Darren Farm development.

Phase one of the construction of 475 new homes has already commenced at Darren Farm in Cowbridge.

The residents' group approached Mr Cairns following concerns that the colour of the stone used by the developers does not resemble the pre-approved grey colour, which is in keeping with the current style of housing in Cowbridge.

The meeting provided an opportunity for residents to outline their concerns relating to the development directly with Taylor Wimpey and resulted in a successful outcome, with Mr Gregg agreeing to consider darkening the colour of the stone facings from phase two onward. The managing director also agreed with Mr Cairns' request for ongoing discussions with the residents' group so that they can listen to the voice of the community as construction continues.

Mr Cairns said: "I'm really pleased with the outcome of this meeting and would like to thank Mr Gregg for agreeing to meet with us. Engagement with the community is vital, especially when developing housing on the scale seen at Darren Farm.

"The Cowbridge and Llanblethian Residents' Group are keen to work with Taylor Wimpey to ensure that the housing is built in the most sympathetic way, and I'm glad that there will be an ongoing discussion from now onwards. Taylor Wimpey will appoint someone to liaise directly with the group, which is a positive step in the right direction."

AM raises M4 to A48 road issue

SOUTH Wales Central AM Andrew RT Davies has spoken in The Senedd to raise concerns about the proposed link road between the M4 and A48.

He questioned the necessity of plans to build a completely new section of road through Pendoylan – including a potential viaduct that would slice through residents' homes.

He said that at least nine residents are currently at risk of losing their homes, while objections to the WelTag1 consultation were largely ignored.

He also claimed the decision to prioritise the road, hugely unpopular with local residents, over the much championed Dinas Powys by-pass was "strange".

For more details on this, see page 11.

POINT TO POINT
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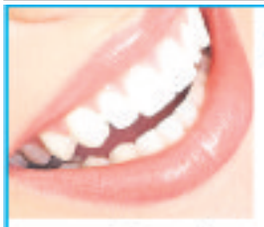
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Readers' Letters

Please keep your letters BRIEF and address them to: The Editor, at Glamorgan GEM Ltd, Graig House, 53 Eastgate, Cowbridge CF71 7EL or email editorial@glamorgan-gem.co.uk

• Letters and e-mails MUST include your FULL address, contact telephone number. We reserve the right to edit all letters. We do NOT accept anonymous mail.

'The asylum is being run by the lunatics'

I WOULD like to respond to Cllr Mahoney's letter in The GEM last week and say that, for once, there seems to be a councillor with concerns for the people he serves.

I am a senior citizen living on a state pension. I have an active dog who needs two good walks a day. She needs to go where she can exercise fully, i.e beach, fields, parks.

If I have to pay £1 every time I walk her, it will cost me £14 per week; £56 per month. This is an amount I simply cannot afford as I am on a very tight budget.

I am sure there are many people, not just dog owners or pensioners, whose pleasure in our wonderful surroundings will be ruined by this charge. Just driving to the beach or park to have a coffee will become more expensive.

Why can't the Vale Council, in their infinite wisdom, allow the same concessions as for parking in the town centre – the first hour free? This would give plenty of time for people to walk their dogs and have a coffee without having pay a surcharge. I am sure local cafes would benefit too as a drop in visitors and dog walkers would be detrimental to their businesses.

The Vale council tells us, so generously, that parking is free before 8am and after 6pm. Whose idea was that? In the winter months, it will be dark both in the morning and evening. How on earth can anyone safely walk, with or without a dog, in those conditions?

As usual, the asylum is being run by the lunatics – yet another example of time and money wasting projects that benefit no one but the officials who are supposed to be working for us, the public.

Where does our Council Tax go – what are we paying for? I never see a policeman, the roads are a disgrace and most of us have to clean up after the refuse lorries have been.

The council may have said they are not introducing any more restrictions on dogs at various locations, but it seems they are getting at us in another way as it is mainly dog walkers who can be seen on the beaches and in the parks; just another way of making life as difficult as possible for the residents of Barry.

Kate Mailer, Barry.

Vale Council leader is '… out of touch' suggests GEM reader

SO, Cllr John Thomas finds it "grossly naïve to think that we can continue to provide essential local services without having to increase council tax and look at new ways of generating income in the face of year on year funding reductions from the Welsh Government".

Well, I find it grossly irresponsible that his Cabinet and those before have failed to challenge Welsh Government policies which discriminate against areas which they and local authority officers regard as "affluent", for example the rural Vale.

At the very outset of his tenure, he and his Cabinet again failed to challenge, albeit under the threat of penal financial sanctions of £500,000 plus, the Welsh Government's railroading through of the previous administrations flawed Local Development Plan.

Incidentally, this was a plan based on estimates relating to London and the south east of England and bore absolutely no relevance to any other part of the British Isles in either application or suitability.

To then fail to hold the WAG to account for the unfair distribution of premium level funds from Westminster, £120 for every £100 allocated per capita in England merely compounds his Cabinet's problems.

This is against the background of most of the English counties receiving 'nil' council tax increase concessions for five years from 2011 onwards, while at the same time having a top band below the highest in Wales, undermines his credibility even further.

This is especially so when the Welsh Government received this five year concession but chose to distribute it differently and suggests that Cllr Thomas is completely out of touch.

Not only that, he then expresses his pride and suggests that at "only 4.9 per cent" we should for some reason be grateful for the fact that we have been delivered the fourth-lowest council tax hike.

Has it not occurred to him that the other three are those receiving of the order of double our per capita subsidy from the WAG in an economic climate when the Consumer Price Index is rising at around 2.5 per cent?

Moreover, does he not realise that on the basis of the Pembrokeshire council tax increase, tax payers will be paying twice as much within 10 years.

Cllr Thomas is correct: "Local politics is not about grabbing headlines", but it is the colleagues who voted against him who are to be applauded for exposing his nonsense and bringing it into focus who should be applauded, not criticised.

Peter Graham-Woollard, Colwinston.

'Funds boosted by Lent lunches'

OVER recent weeks, a series of spring/Lent lunches were held at All Saints' Church, Barry.

After four weeks, £1,164 for specific developments within All Saints' Church and church hall were raised. We would like to thank all of those who attended and helped us to raise such a magnificent sum.

We hope to be back in November with our autumn lunches.

Jen Morgan, on behalf of The Soup Ladies of All Saints' Church.

'Councillors not allowed their own opinion'

I READ with concern of the 'sacking' of Cllr Gordon Kemp from the Cabinet.

My concerns are that he is working for the people in the Vale of Glamorgan, and therefore voting against the proposed budget and working for his Ward constituents by voting against the closure of Llancarfan School.

It seems that the cabinet is only allowed to be of one mind, and not allowed to have an opinion of their own.

Name and address supplied.

Welsh Water set to start on £2.5 million work in Barry

WELSH Water's £2.5 million upgrade to the wastewater system in Nant Talwg, Barry is due to start in April.

The company plans to install a new pipe from Nant Talwg pumping station across private land to the rear of the Cwm Cidi housing estate, before connecting in to the existing network on Glamorgan Street.

Around a kilometre of wastewater pipe - which has reached the end of its operational life – is due to be replaced by the not for profit water company. It is anticipated that the work will be completed towards the end of August.

Some trees have already been removed to clear a path through the area for the new pipes. This work was closely monitored by an ecologist to ensure minimal impact on the local environment. The company intends to replace any trees removed with the same, or similar, species to ensure no long-term impact. This section of work was timed to be carried out outside the nesting period. The company will continue to closely monitor wildlife and the environmental impact after the work to lay the new pipes has begun.

RD

For all the latest news from your area - glamorgan-gem.co.uk

A STEM-tastic week of fun at Albert Primary

LAST week the four STEM subjects took over Albert Primary School.

Pupils from nursery to year 6 have experienced a range of science, technology, engineering and maths challenges. It has been a thoroughly enjoyable and engaging week full of excitement, awe and wonder.

Throughout the week, spectacular whole school assemblies have exposed the pupils to different aspects of STEM through interactive and fascinating demonstrations. The pupils have made wonderful vehicles from the future, how a duck can be made from LEGO and the many discoveries made by women and their contributions to STEM.

The amazing team from Science Made Simple kicked off STEM week with two incredible shows. The Foundation Phase children learned all about Bubbles and Balloons, while the KS2 children were treated to the 'XX-Factor' show. It focused on all the achievements of women in science, technology, mathematics and engineering.

During the week the children also designed eco-friendly, sustainable and futuristic vehicles, ranging from life size hamster balls to cars powered by salt water. After that, they used their STEM skills to bring their schematics alive. Though they were only models, it left pupils and staff awestruck.

STEM week inspired many pupils to open a window to the world of science, while making a positive change to their future. The brilliant experiments, the colorful lab coats in addition to the LEGO ducks in the courtyard concluded a STEM-tastic week for everyone within Albert Primary.

We can't wait for next year!

Paddy Corrigan (Media Monitor – aged 11)

HIGH TIDE TIMES

(UNTIL APRIL 4)

The high tides listed in this week's GEM are those in Porthcawl. It should be remembered that along the coast, high tide times will vary. For instance, in Barry, the high point will be 20-25 minutes later.

DATE	Time AM	Ht M	Time PM	Ht M
28 Thur	11.32	7.8	23.59	7.6
29 Fri	N/A	N/A	12.47	7.3
30 Sat	01.36	7.2	14.28	7.1
31 Sun	04.04	7.5	16.46	7.7
01 Mon	05.09	8.0	17.39	8.3
02 Tues	05.55	8.6	18.17	8.8
03 Wed	06.32	9.0	18.52	9.2
04 Thurs	07.07	9.3	19.24	9.5

While The GEM makes every effort to check the accuracy of tide tables, we recommend that anyone putting out to sea, or walking in an area where they could be cut off, should check with a tide table specific to their location.

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Y Bont Faen WI celebrates 30 years of inspiring members

AT The Lesser Hall, Cowbridge on March 21, Y Bont Faen WI members celebrated 30 years since the founding of the institute in 1989.

Following a short business meeting, the Pencoed Ukelele Band got the party underway with a bang. The band, led by Lynne Davies, took centre stage and Master of Ceremonies Brian Niblett encouraged members to raise the roof by singing along to a range of well-known favourites ranging from songs by T Rex, Credence Clearwater Revival to traditional folk songs.

Brian interspersed the music with amusing anecdotes, which added to the party atmosphere. Percussion instruments were passed around for everyone to keep time to the beat and this also added to the great party mood. Members responded to Brian's challenge and the music and singing must have been heard on the High Street!

The band closed with a rousing rendition of Happy Birthday. Jean Downing gave a heartfelt vote of thanks praising the band for making our party a very enjoyable and memorable occasion. In response, Lynne presented Jean with a birthday card signed by the band members.

This was followed by a cheese and wine party, during which founder member Margaret Price described the institute's early days when members met in the leisure centre and brought their own flasks of tea and biscuits and had to negotiate with another organisation for a time slot. How times have changed! Photo albums were also available for members to reminisce on good times past.

Whatever we do as an organisation in future, our institute will strive to be one that is not only welcoming as a place to make new friends and have fun, but also one that inspires members to get involved, take opportunities and learn new skills.

Next month's meeting will be the AGM to select officers for 2019 -20 and debate the two resolutions namely: Don't Fear the Smear and A Call Against the Decline in Local Bus Services.

SBJ

Food Collective holds a charity buffet

THE Cowbridge Food Collective held a charity buffet evening on March 21 at Cowbridge Comprehensive School.

The Food Collective is a weekly online farmers market, where people can buy locally-produced food through the website and then collect their shopping from the school on a Thursday evening. The Cowbridge Food Collective has been running for a year and the charity evening was a celebration and showcase for the produce that is available.

Those who attended were treated to a magnificent buffet made up entirely of produce available through the collective.

They were also able to meet the producers and chat with them about their production/farming methods and discuss their range of products.

Students from Cowbridge Comprehensive School did a brilliant job of selling raffle tickets to raise money for the Jack Griffiths Memorial Garden, and raised £219.

A total of £550 was raised for the school's other charity, Farm to City Children. Everyone who attended enjoyed the evening and was amazed by the quality and great value of all the food.

If you would like to shop on the Collective, log on to *www.cowbridgefoodcollective.co.uk*. You don't need to sign up or register, just browse everything that is available and pop what you fancy into your basket.

Collection is every Thursday at the school between 5.30pm and 7pm – come along to meet us, even if you haven't yet shopped with us.

All the producers are from within 30 miles of Cowbridge, and everything is produced to order, meaning low food miles, no waste and minimum packaging.

ME

COMMUNITY NEWS

TREOES, LLANGAN & ST MARY HILL

News and views from Nancy Davidge, Tynewydd, Llangan. 01656 860303.

News from Llangan Primary School

MR Esplin, chair of the Friends of Llangan School, has built the nursery children a wonderful mud kitchen. The school is grateful to Mr Esplin for building it and the Friends of Llangan for covering the cost of the materials.

On March 13, children and staff sported wacky hair in support of Comic Relief Day. A total of £100 was raised and once again Llangan pupils have supported a very good cause, raising £125 in the Velindre Egg Apppeal.

Debating competition

ON Tuesday, March 19, three of the school's pupils, Olivia, Rachel and Molly, represented Llangan School in a debating competition hosted by St Bride's Major Primary School. The girls gave a very impressive presentation. Everyone at the school is very proud of them.

Saron Chapel, Treoes

THE concert by the Ogmore Valley Male Voice Choir, which took place at Saron on March 22, was outstanding. Their repertoire included music from popular shows and Welsh favourites.

The choir was conducted by Mrs Eira Paskin, and accompanied by organist Gareth Waite.

Following the concert, the choir members and visitors proceeded to the village hall for refreshments.

The service which took place at Saron on March 24 was attended by only 12 local residents. The service was conducted by Paul Homans.

The next service at Saron will take place on Sunday, April 7 at 3pm, conducted by Pastor Steven Pare.

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LOCAL VALE LAW FIRM WINS TOP UK AWARD 'SUCCESS STARTS WITH A GREAT TEAM'

Catherine Hartland & Alexandra Jenkins

Local Barry Law firm attended the prestigious Modern Law Awards in Manchester on Thursday 31January 2019 and were the only law firm from Wales to reach the finals, the only law firm to be finalists in more than 2 awards, and the only law firm to come away with three awards.

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Emmaus celebrates four years in town

THE Emmaus South Wales' charity shop on the high street in Cowbridge celebrated its fourth birthday recently.

The Cowbridge shop opened in 2015 and has been part of the Cowbridge community ever since. To celebrate the occasion, the shop was adorned with bunting and decorations and there were also special offers throughout the day for customers.

Jeane, co-shop manager said: "We celebrated our fourth birthday in style with nibbles and non-alcoholic fizz for our customers to enjoy. Emmaus has been in Cowbridge for four years, but the past two years have been the best years for us. The Emmaus shop has become a popular shopping destination for both regular customers and visitors to Cowbridge. We are very grateful to have such a committed and passionate team of staff, companions and volunteers who really make this shop what it is. Thank you again to all our lovely customers and local community for their continued support."

The Emmaus shop in Cowbridge celebrated its birthday in style. Photo by Bobby Thomas.

Emmaus South Wales is a homelessness charity based in Bridgend that offers a home and meaningful work opportunities for people facing homelessness. Their seven shops throughout south Wales not only provide the funds to support their community home in Cefn Glas, but also provide valuable work opportunities for companions (as the formerly homeless individuals the charity support are known).

Want to know more about Emmaus South Wales? Visit their website *www.emmaus-southwales.org.uk*

Vale pupils develop their speaking skills

FOR the third year running, a public speaking workshop and competition for year 5 and 6 pupils in Vale primary schools has been held.

The initiative was led by the deputy headteacher of St Bride's C/W Primary School, Catherine Jenkins, in partnership with the south Wales branch of the English Speaking Union. Eight primary schools eventually competed with the host school entering two teams. Nine teams were represented at the workshop on February 12 where the aim was to introduce the pupils to the skills they would need in the competition.

Ten pupils from each school took part in a range of activities. They were enthusiastic and confident, enjoyed the challenges and all went home with a medal to commemorate the event.

Teachers then had the unenviable task of choosing a team of three pupils to represent the school in the competition itself on the evening of March 19 at St Bride's Primary School.

The event was attended by the Mayor of Cowbridge, Terry Williams, who spoke at the beginning to welcome and encourage the competitors.

Each school team had a chairperson, a speaker and a questioner and topics discussed ranged from 'Is watching TV a waste of time?','Should children under 11 be allowed to use social networking sites?' to 'We think public transport should be free to all.' The standard achieved was extremely high and the audience, which included parents, grandparents, teachers and pupils, appreciated the preparation and energy that the teams had put into their performances.

The three judges – Katherine Kettle, Maggie Fletcher and Stephen Page – made the following decisions. Highly commended chairperson: Isla Jones, St Bride's year 5; Highly commended chairperson: Zac Moss, Peterston-Super-Ely; Highly commended speaker: Serian Penketh, Y Bont Faen; Best chairperson: Emily Cook, St David's Colwinston; Best speaker: Elliot Miller, Evenlode; Best questioner: Peter Coe, Y Bont Faen; Runner-up team: Evenlode Primary School; chair: Olivia Sweeney; speaker: Elliot Miller; questioner: Bryn Davies; Winning team: St David's C/W Primary School, Colwinston; chair: Emily Cook; speaker: Aimee Hatch; questioner: Dylan Creighton.

The pupils received a certificate recording their success, the pupils in the 'best' categories received a small trophy and the overall ESU Primary Public Speaking trophy was awarded to the team from St David's.

David Jenkins, Mrs Kettle and Mrs Fletcher made the presentations and all the pupils received a certificate recording their participation in the event. The ESU is grateful to all the schools that supported this initiative. Particular thanks go to the headteacher and staff of St Bride's C/W Primary School for their warm hospitality both at the workshop and the competition itself.

For further information about the ESU locally, contact chairman Derek Morgan at *derekwmorgan@gmail.com*

MP

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Local terpsichoreans to perform in Swan Lake

THE FIVE pupils from around the Vale pictured are members of The Legat Foundation of Russian Classical Ballet, in Cowbridge.

They have been accepted by The National Youth Ballet and will perform in *Swan Lake* in August.

Isabella Vaughan and Anna Lycett attend the Moya Vahey school of Russian Classical Ballet in Cowbridge.

Thea Martin, Delal Duman and Mari-Jen Griffith attend the Ella Morgan school of Russian Classical Ballet, held in Pontyclun Community Centre.

These dancers follow the success of Rachel Brookes-Bent and Llewelyn Brown, who will be dancing in Mathew Bourne's *Romeo and Juliet* in June, and William Griffin who is dancing in the Bulgarian Ballet.

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'Walk in her Name 2019' this Sunday

HUNDREDS of people are expected to take part in the 'Walk in her Name' event this weekend to honour local people fighting cancer and to remember those who have passed away because of it.

The walk takes place this Mother's Day, Sunday, March 31 starting at Barry cemetery at midday. The event is organised by Alison Woolcock who was named 'Fundraiser of the Year' last year by Nation Radio.

She told The GEM she is still inspired by the memory of her sister Lesley who was a tireless campaigner who raised awareness of ovarian cancer. Alison explained: "It is nearly three years since Lesley's untimely death from ovarian cancer, but she continues to inspire me to continue raising awareness of the importance of early diagnosis because she fought to live and didn't want other people to have the same experiences as her.

"It is very sad that Wales has the worst outcomes in the whole of Europe when it comes to the treatment of women with ovarian cancer, and even more poignant that ovarian cancer success rates remain at the same level as the 1970s.

"Lesley's strength was her ability to make people feel welcome, wanted and comfortable and this event promotes us all to unite together and support one another to recognise and honour those in our community who have had cancer.

"Lesley would love the fact that her family continue to campaign on this issue. We saw for ourselves how this horrible disease stole her life and stopped her from being here today.

"She has three beautiful grandchildren who she doesn't get to see, a husband who pines for her and so many people who miss her smile and love of life."

On Facebook Walk in her Name has posted profiles of inspirational people who have been affected by or coped with cancer. People who take part in Walk in her Name donate £10 each which goes to Ovarian Cancer Action.

Alison said: "The walk goes down Tynewydd Road, along Gladstone Road and then across the Waterfront until we get to Lesley's bench at the gardens on Barry Island. After a short break, where snacks and drinks will be provided, the walkers can return along the same route."

Afterwards, walkers are welcome to gather at Tynewydd Inn. The church at the cemetery will opened by the Friends of Barry Cemetery so people can light candles in memory of loved ones. If people want to make an online donation to Ovarian Cancer Action, they can go to www.justgiving.com/fundraising/alison-woolcock2.

TC

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Vegan fair in Penarth

ABSOLUTELY Fabulous Vegan Fairs are hosting a Mother's Day event in the Paget Rooms on Victoria Road, Penarth (CF64 3EG) between 1pm and 5pm on March 31. Admission £1 adults, children free.

Raffle tickets - we have some fab prizes and new goods. Call Sue 02920 709292 for further information (although all stalls are taken now).

Bowls in Rhoose

RHOOSE Bowls Club in Celtic Way is holding open days on Saturday and Sunday, March 30 and 31 starting at 1pm on each day. Come and find out what the game of bowls involves.

Spring fair

AGE Connects Cardiff and Vale is holding a spring fair on Tuesday, April 2 at Age Connects Cardiff and Vale Senior Health Shop, 38 Holton Road, Barry, from 10am to 12 noon; admission is free.

There will be a wide range of stalls including homemade cakes, crafts and books; also a raffle with many attractive prizes. An Age Connects welfare rights adviser will be available to chat to. Proceeds are for the benefit of the Senior Health Shop, helping the community. Contact 01446 732385 for further information.

Scout jumble

1ST Dinas Powys Scout Group are holding a jumble sale from 1.30pm on Saturday, April 6 at the Scout Hall, Highwalls Road, Dinas Powys (CF64 4AG) admission 50p.

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BLINDSexpressWALES

Good citizens are honoured at this year's Bridgend Mayor's Citizenship Awards

SOME of Bridgend county borough's kindest citizens have been given awards as a 'thank you' from the local community.

Outstanding volunteers, charity champions, and other pillars of local neighbourhoods were put in the spotlight at this year's Mayor's Citizenship Awards, organised by Bridgend County Borough Council (BCBC).

Among the winners was Kat Clatworthy from Cefn Cribwr, who has set up a social enterprise in memory of her father, which is centred on the creative arts industry.

The Eagles Eleven Productions social enterprise has a particular focus on providing opportunities for people who are suffering from various illnesses or disabilities, and it has made a positive difference to many people's lives.

Schoolgirl Hollie Evans was this year's youngest award recipient. The 11-year-old Litchard Primary pupil was nominated for an award because of the way she raises positive awareness for Down's Syndrome, as well as her charitable exploits in aid of children with cancer.

Other charity champions rewarded by the Mayor, Cllr John McCarthy, were Bryntirion resident Jean Gorick who has been a dedicated fundraiser for the Poppy Appeal for nearly 40 years, and Porthcawl's Jason Hemsley, who has raised thousands for Heronsbridge School and several charities.

Pencoed shopkeeper David Baynham is someone else who can always be relied on to support a great cause, and received his award for the various ways he is rekindling the old values of community spirit.

Several outstanding volunteers were thanked for their selfless efforts, including Charlie Baker from Maesteg who is a volunteer mentor for children with autistic spectrum disorders. John Hornsby picked up his award in recognition of the way he has given up his time to help a string of organisations in Porthcawl over three decades, while Christopher Davies was singled out for his voluntary work in Caerau.

Two other Caerau residents, Graham and Janice Dawe, were praised for their involvement in the Caerau Development Trust.

The volunteers who run the Techtivity Club in Porthcawl also picked up an award. The Porthcawl-based club enables children with various difficulties to meet up and play with technology and software that is suitable for their needs. Parents appreciate the effort the volunteers put into creating a safe environment where the children feel accepted, supported and never judged.

Several of this year's Mayor's Citizenship Award winners are making a big impact on the health of local young people and teaching them positive values. Stephen Williams has helped Sker and Pink Bay Lifeguards Club go from strength to strength, while Natalie Davies is energising the Llynfi Valley with her Funk Force dance club.

Jeff Copp has helped countless numbers of local people of all ages to discover and develop their martial arts skills at the Warriors Kickboxing Club for more than 20 years, while Michael Punter's contribution to Brackla RFC was also commended.

Cllr John McCarthy said: "Each year, the residents of Bridgend County Borough are asked to nominate those local heroes who have put their community on the map, or regularly go the extra mile to make a real difference through their voluntary work, charity fundraising or all-round good citizenship.

"The standard of nominations was extremely high and it was certainly a tough call to decide who should receive awards. It was really humbling to hear about the winners' achievements and I was thrilled to present them with awards to give them the appreciation they deserve. All of these inspirational individuals show that the county borough of Bridgend has a great deal to be proud of. Congratulations to each and every winner."

See more photographs of good citizens on facing page.

The winners group, photographed in the council chambers..

Jeff Copp.

Hollie Evans with the Mayor, Cllr John McCarthy.

Charlie Baker.

John Hornsby.

Jason Hemsley.

David Baynham.

Kat Clatworthy.

Jean Gorick.

The joint award for Graham and Janice Dawe was received by Graham.

'It's their fault' says speaker at men's group

MEMBERS of Barry Men's Forum recently welcomed retired headteacher, Bruce Hawkins from Neath, to speak and display slides on such natural phenomena as earthquakes, volcanos and tsunamis.

Mr Hawkins attended Swansea University to study geology. After graduating, he frequently travelled the world to expand his knowledge and it is still his passion.

Members were told of a planar fracture across which there has been a significant displacement as a result of rock mass movement. Large areas of the world's surface, such as the San Andreas and the North West Pacific Cascadia are examples of many of the earth's faults.

In recent times, there has been a lot of seismic activity in the South Pacific and New Zealand which has had a massive effect on the lives of the residents.

Britain is not on a major fault, but close to our shores are Italy and Iceland that can have major seismic problems.

The forum meets every Thursday at 9.45am at Holy Trinity Church Hall, Aberystwyth Crescent, Barry. New members are always welcome; further details from Mac Tanner on 01446 743455. **PDGG**

Follow us on Facebook - **facebook.com/GlamorganGEM** and on Twitter - **@gem_news/@GEMSportsNews**

NFU Ladies enjoy garden talk

THE NFU Ladies recently enjoyed a 'Spring Interest in the Garden' talk by Kevin Thomas, who was thanked by Christine James.

The raffle at the meeting was won by Louise Goldsworthy.

The next meeting is in Penllyn Village Hall on Tuesday, April 16 at 7.30pm when the speaker will be Dr Rhian Evans on 'DNA in Solving Crime'; all welcome. **RE**

Local people honoured

The team at Techtivity in Porthcawl were honoured.

Christopher Davies.

Michael Punter.

Natalie Davies

Stephen Williams.

Writing groups' RNLI donation

PORTHCAWL U3A's writing groups raised over £1,100 from sales of their book 'A Write Crew'. Pictured are Jo Brooks and Malcolm Cowper presenting a cheque to the Lifeboat crew.

Police urge vigilance after children are reportedly approached by strangers in area

OFFICERS are asking residents in the Cefn Glas and Bryntirion areas of Bridgend to be vigilant following suspicious incidents in which children were reportedly approached by strangers.

On Wednesday, March 20 a girl reported that she had been approached by a man in a car while she was walking along Llangewydd Road at around 8.45am.

He is described as being white with grey/black hair, in his 30s and was driving a dark coloured car.

On March 23, a girl reported that while walking her dog along Barnes Avenue at around 6.10pm, she was approached by a man in a car who asked if she wanted a lift. The girl refused and the car left.

The vehicle is described as a dark red car. The man is described as being white, in his 60s, wearing glasses, grey hair with short back and sides, and of slim build.

On March 25, a 13-year-old boy has reported being approached by a car while walking along Bryntirion Hill at around 7.20pm. The car is described as a small black vehicle, possibly a Renault Clio. The occupants of the vehicle were a woman in her 20s and a man in his 30s.

Officers are continuing to check CCTV in the area and will be conducting increased patrols for reassurance.

Local Policing Deputy Inspector Jason Wilcox said: "The public are understandably concerned about incidents of this nature but I want to reassure them that these incidents are being thoroughly investigated. I would appeal to anyone who witnesses anything suspicious or who believes they have information which could assist the investigation, to contact us via 101 quoting reference 1900099198.

"I urge parents to make their children aware and advise them that if they are approached by strangers in vehicles, they should find a safe place and make someone they know aware, such as a parent or teacher.

"They should also call us to report it on 101 or 999 in an emergency."

TC

Young beekeeper is featured in volunteering exhibition

A 16-YEAR-old beekeeper from Bridgend has been featured in 'Being the Change', a photography exhibition by the Wales Council for Voluntary Action (WCVA), with the BAFTA winning photographer Warren Orchard.

Dafydd Pett was among 11 volunteers and charity employees to be highlighted in the exhibition, hosted at WCVA's event gofod3, in Cardiff City Stadium, visited by the First Minister Mark Drakeford and Deputy Minister Jane Hutt.

Beekeeping has been in Dafydd's family for over 50 years. His grandfather, Mike, was a well-known beekeeper who founded Pant Derwen Apiary. Dafydd started beekeeping at just 11, with one hive. Two years ago Mike died, with Dafydd inheriting 40 hives.

Today, the 16-year-old remains the youngest member of the Bridgend and District Beekeepers Association. Their experienced support network has been invaluable, particularly the beginner course that Dafydd attended twice (he confesses that, quite understandably, he wasn't listening the first time).

Dafydd will travel to Slovakia in 2019. He will be one of three Welsh representatives at the International Meeting of Young Beekeepers. He admits to being "a bit of a tree-hugger" and environmentalist, because "a third of our food would disappear without bees".

Under his management, the company has grown to 70 hives and is turning a small profit.

WCVA commissioned the Bafta Cymru-winning photographer Warren Orchard, who predominantly works in the media and advertising sectors, to showcase 11 charities and social enterprises – all WCVA members – in order to draw attention to the powerful contribution of charity workers and volunteers across Wales.

WCVA chief executive Ruth Marks says: "Our exhibition by the talented Warren Orchard really does reflect the humanity and good in all of us. These images just represent a fraction of the thousands of people up and down the country who make life better for their respective communities."

All images were taken by photographer Warren Orchard who predominantly works within the media and advertising sectors, for the likes of Netflix, Channel 4, Universal and Warner Brothers, recently winning a Bafta Cymru for his title sequence for the TV series Hinterland / Y Gwyll.

The 'Being the Change' exhibition will travel to Llanrwst for the National Eisteddfod of Wales between August 3 and 10.

AS

Art exhibition opens in Pontycymer

A new exhibition, entitled 'Scale' has opened in Studio 18, the Pontycymer gallery created by Kevin Sinnott.

It will run for the next four weeks, closing on April 27, in Oxford Street, Pontycymmer CF32 8DB. The exhibition is open Thursday and Friday (2pm to 5pm) and Saturday (10am to 2pm).

The exhibition includes work by Kevin Sinnott, Peter Prendergast, Shani Rhys James, Ceri Richards, John Selway and Emrys Williams, among others.

Kevin Sinnott told The GEM: "Studio 18 is thrilled to bring together for the first time, by way of comparison and contrast, large and small scale work by some of the most prominent Welsh artists past and present.

"The exhibition is called 'Scale' because of the emphasis we feel should be placed on the unique importance of size to that aspect of painting's art form."

Kevin Sinnott's gallery was certainly designed with scale in mind, as there is space for large artworks by Shani Rhys James and Emrys Williams, among others.

However, the largest picture in the show is 'Liebestod' by Mr Sinnott himself, which measures five metres by 4.5 metres. Kevin believes it is the largest moveable painting ever made in Wales, and it will be dismantled soon after the exhibition is concluded.

GEM NOTE: For further information email mail@kevinsinnott.co.uk or telephone 07791 295146

Female artists celebrated at Art Central

ARTWORK created by women from the Vale is being displayed at Art Central Gallery in Barry this month.

The Women's Arts Association's (WAA) International Women's Day exhibition features over 70 pieces created by women across Wales and the Vale.

The exhibition covers themes of family and home, health and wellbeing, and love and loss, and includes portraits and landscapes.

International Women's Day took place on March 8 and as part of the event, the WAA has been celebrating creative women for more than 30 years.

Barry artist Professor Gerda Roper was introduced by WAA Chair Jilly Hicks, and welcomed visitors to the opening.

She said: "The artists touch on a wide range of subjects. They all speak, through their own visual language, of what they note, what matters to them, and what moves them.

"There are traditional tapestries and embroideries, some wonderful soft sculptures, both humorous and endearing in their invention, surrounded by glorious paintings, watercolours, collages, photographs, lithographs, linoprints and drawings."

The exhibition runs until April 6 from Monday to Saturday.

Entry costs £2 for non-Art Central Friends and Women's Arts Association members.

For more information on art in the Vale, visit *www.valeofglamorgan.gov.uk/en/enjoying/Art-Central-Gallery.*

AL

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Local lifeboat crews rescue drunken sailors

LOCAL lifeboat crews made worldwide headlines after they helped to rescue three sailors who got stranded on an island in the Bristol Channel.

The three men, Russian, Dutch and Phillipine nationals, were aboard a cargo ship anchored two miles off the Somerset coast.

They had decided to go for a pint in Minehead using an inflatable dinghy, but the tidal surge swept them across to Barry.

They attempted a return journey to the cargo ship at 3.45am on Thursday, March 21, but were reported missing three hours later.

Lifeboats were launched from Barry Dock, Penarth, Minehead and Burnham-on-Sea and a coastguard helicopter also helped in the search.

Lifeboat crews arrive at Flat Holm Island to rescue the three sailors who got lost in the fog as they attempted to get back to their cargo ship off the Somerset coast.

In foggy conditions, the men landed on Flat Holm Island where a volunteer ecologist made them porridge and a cup of tea. Rescuers found them safe, but very cold, just before 8.30am.

A spokesman for Penarth Lifeboat said: "We went global and managed to hit the Moscow news. Of course, the main thing was that the three sailors were safe and well.

"The added bonus is that we've put Penarth on the map and done a lot to raise awareness of the work the RNLI volunteers do."

New MYP elected for the Vale

VALE MP Alun Cairns has welcomed 18-year-old Cameron Edwards to his new role as Member of the Youth Parliament (MYP) for the Vale of Glamorgan.

Cameron was recently elected by the Vale Youth Forum to be the representative for the Vale of Glamorgan in the UK Youth Parliament, which sits in the House of Commons in Westminster. The Youth Forum is made up of young people from across the Vale.

Mr Cairns said: "It's a pleasure to welcome Cameron to his new role as MYP for the Vale of Glamorgan, he's got great enthusiasm for politics. This is a fantastic opportunity for him to experience the House of Commons and contribute to young voices in politics."

The A-Level student is currently in his final year at Stanwell School and says that he enjoys getting involved with his local community. His interests include amateur rocketry, coding, and politics.

Following his election victory, Cameron said: "It was an absolute privilege to be elected as the MYP for the Vale. I am immensely grateful for being elected. I simply want to give a voice to young people who would otherwise go unheard. Any young person who has any concerns is free to message me and I would be delighted to help."

ML

Lottery looks back at 25 years of good causes

NEW figures reveal that nearly £457 million of National Lottery funding has been invested in the Cardiff and the Vale of Glamorgan local authority areas since the National Lottery began almost 25 years ago.

A Lottery spokesperson said: "Nearly 7,700 National Lottery grants have been awarded since 1994, helping to strengthen communities, power our sports teams, protect the environment, unleash local creative talent and look after the elderly and those at risk."

A wide variety of local projects have received National Lottery funding over the last 25 years. Large grants have gone to:

- Developing and creating the Principality Stadium (£46.4 million)
- Building the Wales Millennium Centre - Wales' national home for the performing arts in Cardiff Bay (£31.7 million);
- Breathing new life into the Grade II listed Dyffryn House and Grade I listed Edwardian garden (£6.7 million); and restoring the Grade II listed Penarth Pier and Pavilion back to its former glory (£3.1 million).

Most National Lottery grants, however, are for £10,000 or less, for instance, £5,400 for the restoration of memorial gates at Cowbridge Cricket Club.

To celebrate the 25th anniversary, from today, any organisation that has received National Lottery funding has the chance to gain nationwide acclaim by entering the 25th Birthday National Lottery Awards – a search for the UK's favourite ever National Lottery-funded projects.

National Lottery Awards winners will receive a £10,000 cash prize and national recognition at a ceremony broadcast on BBC One later in the year.

To enter your favourite project in this year's National Lottery Awards, tweet @LottoGoodCauses with your suggestions or complete an entry form through our website www.lotterygoodcauses.org.uk/awards. Entries must be received by midnight on April 30, 2019.

GORCHYMYN CYNGOR BRO MORGANNWG (PENDOYLAN ROAD (RHAN) TRESIMWN) (CAU FFORDD) (DROS DRO) 2019

1. Ar 28 Mawrth 2019, gwnaeth Cyngor Bro Morgannwg, wrth arfer ei bwerau dan Adran 14 Deddf Rheoli Traffig Ffyrdd 1984 Orchymyn a fydd yn gwneud yr hyn a ddisgrifir yn yr atodlenni isod:
2. Enw'r Gorchymyn fydd "Gorchymyn Cyngor Bro Morgannwg (Pendoylan Road, (Rhan) Tresimwn (Cau Ffyrdd) (Dros Dro)" 2019 a bydd yn dod i rym ar 8 Ebrill 2019.

ATODLEN 1

1. Ni fydd unrhyw berson yn gyrru neu'n gadael i gerbyd deithio yn y lleoliad a nodir yn Atodlen 2 isod.

ATODLEN 2

Lleoliad: Y ffordd sydd i'w chau fydd Pendoylan Road o Oleuadau

Traffig Sycamore Cross ar yr A48 am 600m i'r gyffordd â'r ffordd i Lanbedr-y-fro.

Rheswm: I alluogi gwaith i fynd rhagddo i ledu'r ffordd.

Hyd: O 8.00am ddydd Llun 8 Ebrill 2019 tan 5.00pm ddydd Sul

26 Mai 2019

Llwybr Arall: Bydd gwyriadau ag arwyddion ar waith ar gyfer traffig yn teithio i'r dwyrain ar - yr A48, Croes Cwrlwys, Michaelston Road Caerdydd, Crofft y Gaenau Road - Caerdydd, St Brides Road – Llanbder-y-fro hyd at bentref Llanbedr-y-fro Bydd y gwyriadau i draffig yn teithio i'r gorllewin ar yr A48, Watery Lane – Llanddunwyd a'r lôn ddienw o Hensol Cottage i Bendeulwyn ac i'r gwrthwyneb.

DS: Bydd mynediad i gerddwyr yn parhau gydol yr adeg.

Dyddiedig 28 Mawrth 2019
Cyfarwyddwr Amgylchedd a Thai
Cyngor Bro Morgannwg, Yr Alpau,
Gwenfô. CF5 6AA.

12x6

THE VALE OF GLAMORGAN COUNCIL (PENDOYLAN ROAD (PART) BONVILSTON) (ROAD CLOSURE) (TEMPORARY) ORDER 2019

1. On 28th March 2019 the Vale of Glamorgan Council in exercise of its powers under Section 14 of the Road Traffic Regulation Act 1984 made an Order the general effect of which is as described in the schedules below:
2. The Order will be known as "The Vale of Glamorgan Council (Pendoylan Road (Part) Bonvilston) (Road Closure) (Temporary) Order" 2019 and will come into force on 8th April 2019.

SCHEDULE 1

1. No person shall cause or permit a motor vehicle to proceed in the location specified in Schedule 2 below.

SCHEDULE 2

Location: The road to be closed is the Pendoylan Road from Sycamore Cross Traffic Lights at the A48 for a distance of 600m to the junction with the road to Peterston-Super-Ely.

Reason: To allow for road widening works to be undertaken.

Duration: From 8.00am on Monday 8th April 2019 until 5.00pm on Sunday 26th May 2019

Alt. Route: Signed diversions will be in place for Eastbound traffic via- A48, Culverhouse Cross, Michaelston Road Cardiff, Crofft y Gaenau Road - Cardiff, St Brides Road – Peterston Super Ely through to Peterston Super Ely village Westbound traffic will be via A48, Watery Lane – Welsh St Donats and the unnamed lane leading from Hensol Cottage to Pendoylan and vise-versa.

NB: Pedestrian access will remain in place at all times.

Dated this 28th day of March 2019
Director of Environment & Housing
Vale of Glamorgan Council, The Alps,
Wenvoe. CF5 6AA.

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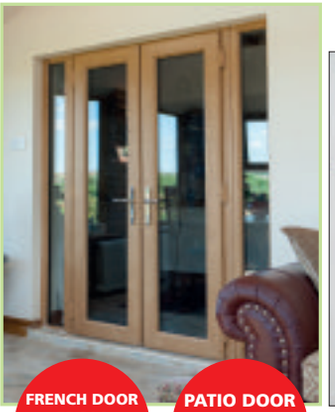

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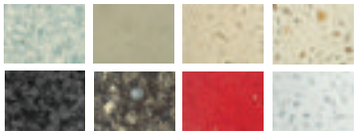

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Your chance to have a say on Vale parking charges

THE proposed introduction of new parking charges has been a contentious issue in recent weeks and a special session of the Vale's environment and regeneration committee on Thursday, April 4, will put them under the spotlight.

Members of the public are allowed to speak at the meeting if they register in advance.

The meeting starts at 4.30pm with parking issues discussed at 6pm, and councillors could propose changes to the car parking strategy. Three hours have been allocated to the debate.

Cllr Vincent Bailey, who chairs the committee, said members of the public were welcome to attend and make their views known.

He said: "This is the last chance to ensure that your concerns are listened to, and to make sure that any plans for parking charges don't cause irreparable damage – particularly to our struggling high streets.

"I have serious concerns over the impact that charges could have, especially when you consider the impact of out-of-town shopping centres like Culverhouse Cross and McArthur Glen which offer free parking.

"The strategy also affects our country parks and coastal car parks, so everyone will be affected in a range of ways by these plans to generate income for the council.

"That's why we want to see as many people as possible at the committee session next week."

The Vale Council says it has to introduce the new charges to raise additional income to deliver services residents need, and to maintain the Vale's car parks.

Members of the public must register to speak by Wednesday, April 3 on the Vale Council website. For more information go to: www.valeofglamorgan.gov.uk/en/our_council/Council-Structure/scrutiny/scrutiny.aspx

TC

Fishing competition to be held to remember Martin

UNEXPECTEDLY, but peacefully on March 15, our loving father Martin Burke passed away.

In his honour, and to raise funds for the funeral, we are holding a fishing tournament on March 30 and we would like to invite one and all to take part. The event has been organised by my father's wonderful friends Milo, Gareth, David and Lee, so this is not a professional competition and amateurs and professionals alike are more than welcome to attend.

The venue will be Cold Knap; arrive at the Knap by 7.30am where you will collect a scorecard and start fishing from 8.30am.

Scales measured in pounds will be there on the day for weighing, you can use two rods and any rig. You can use any baits, and the heaviest fish will win the Martin Burke Trophy.

The second, third, fourth and fifth heaviest fish will each win a donated prize on the day.

Fish will be weighed using scales ONLY and released as soon as possible; you will fish until 4.30pm and must be back for weigh-in by 5pm.

Raffle tickets will also be available on the day and we are asking for a donation of £5 for the event: all

proceeds will be put towards funeral costs. An award ceremony will be held at Barry Island Sport and Social Club.

SWSA run by Rob Cole has kindly agreed to sponsor the meet, and supply WFSA score cards on the day. We hope to see you there! A page for the event is available on Facebook for any questions or queries under the name 'Martin Burke Fishing Cup Event' or telephone 07842 113443

With many thanks from Martin's children Robert and Jessica Wylie and all his family and friends.

For all the latest news from your area - **glamorgan-gem.co.uk**

'Questions to answer over J34 link road', says AM

RESIDENTS' concerns about Welsh Government plans to build a link road between the A48 and M4 Junction 34 must be addressed, south Wales Central AM Andrew RT Davies has said.

Mr Davies claimed there was a "general consensus" among local residents that improvements to the existing road were required, but that the current plans were both "disproportionate and inappropriate".

He questioned the necessity of plans to build a completely new section of road through Pendoylan – including a potential viaduct that would slice through residents' homes.

At least nine residents are currently at risk of losing their homes, while objections to the WelTag1 consultation were largely ignored.

He also claimed the decision to prioritise the road, hugely unpopular with local residents, over the much championed Dinas Powys by-pass was "strange".

Mr Davies has raised concerns in the Senedd, pointing out the project would only go ahead with Welsh Government support, and that a statement from ministers was required.

Mr Davies said: "Most people are in agreement that we need better links between the M4 and A48, but there are legitimate concerns over these plans and whether they amount to a white elephant.

"There has been insufficient engagement with local residents who only found out by chance that a new viaduct could be built directly on the boundary with their properties.

"This project will not go ahead without Welsh Government backing. Regardless of your views on it, it is bizarre that it is seemingly being prioritised over the Dinas Powys by-pass, a hugely popular proposal, while this project has rightly worried many local people."

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Sky notes: looking at April skies

URSA Major, the great bear, (the Plough), the most recognisable part of the constellation, is now almost overhead.

The two leading stars (the pointers) show the way to our pole star. Draw an imaginary line from them downwards towards the northern horizon and about halfway down is the pole star.

Polaris is around 700 light years away and perhaps as much as 5,000 times as luminous as our Sun. The pole star is part of another constellation - Ursa Minor - the little bear. It is not as large or as striking as the Plough, but does look similar, almost like a mini plough.

Everything revolves around the pole star, although due to precession, the current pole star did not always hold this status. Many years in the future, the celestial pole will lie near the even brighter star Vega in the constellation of Lyre.

In the opposite direction, use the pointers and draw an imaginary line down towards the southern horizon. About half way down, you will come across Leo the Lion.

The main part always reminds me of a backward facing question mark and the full stop is marked by a very bright star, Regulus. On the 14th and 15th of the month, the Moon lies close to Regulus and should help identify the constellation.

When the Moon is out of the way, use a pair of binoculars to help identify a couple of bright stars, Gamma, half way up the question mark and Mu, at the top of the question mark. They will both have a lovely orange hue.

While we are looking at the colour of different stars, go back to the plough, locate the end star opposite the pointers and draw an imaginary line, this time in the shape of a curve, and you will find Arcturus, the brightest star in the constellation of Bootes.

Arcturus is one of the brightest stars in the sky and even your naked eye should show up its distinct orange colour. Binoculars will confirm this. Arcturus lies quite close to us and is much more luminous than our Sun. Use the Moon to help you locate the planet Venus in the morning sky on the 2nd, Jupiter in the morning of 23rd and 24th and Saturn in the morning of 25th and 26th.

Visit www.barryastronomical.wordpress.com for details of meetings to observe the night sky.

Dave Powell

Get a March on your spring planting…

ANYONE stirred by the onset of spring, looking wistfully at what a wet and windy winter has done to their garden should drop in on a plant sale on Saturday, March 30 at St Augustine's Church at Church Place South, Penarth from 10am to 12 noon.

There will be a variety of seedlings, cuttings, plants ready to pot on, and much more.

Volunteers will be working on the churchyard and visitors are welcome to ask for a guided tour and stay for refreshments.

The event has been organised by the Friends of St Augustine's Habitat and Heritage group

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Sam Davies Ward celebrates nurse's award-winning night

ON March 15 at City Hall, Cardiff and the Vale University Health Board held its eighth annual Staff Recognition Awards ceremony.

Colleagues and managers nominate individuals for their contribution to the delivery of the Health Board's aims and objectives. Sister Linda Edwards received two awards on the night - Joint Manager of the Year and a Special Commendation from Maria Battle, the chair of Cardiff and the Vale UHB.

Sister Edwards said: "I am very honoured to have received two awards but could not have done this without an excellent team behind me on the Sam Davies Ward, Barry Hospital."

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Ovarian cancer: what are the symptoms?

BARRY'S 'Walk in her Name' this Mother's Day (March 31), is raising funds for the charity Ovarian Cancer Action.

The symptoms of ovarian cancer can be very vague, particularly when the disease is in its early stages. What signs and symptoms should women look out for?

Women should see their doctor if they are feeling full quickly, have lost their appetite, have pain in the abdomen or lower part of the abdomen that won't go away, bloating or an increase in the size of the abdomen and needing to wee more often.

Other symptoms include unexplained tiredness, unexplained weight loss, changes in bowel habits or symptoms of irritable bowel syndrome especially if this starts after the age of 50. They are also symptoms of other less serious conditions, but it is advisable for them to be checked by your doctor.

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Earth Hour beach clean

BARRY Action for Nature are organising an Earth Hour torchlight beach clean and serving Fairtrade tea, coffee and Welsh cakes from one of the Barry Island beach huts.

Volunteers are needed for the 30 minute beach clean and to celebrate the start of WWF's Earth Hour on Sunday, March 30 at 8.30pm. All litter picking equipment will be supplied but please bring a torch. There will be a £2 charge for refreshments and all profits will be donated to WWF.

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On the right track with Speed of Sight

THE conditions were bright, dry, and crisp, perfect for the recent visit to Llandow Circuit by the charity Speed of Sight, which was on its third visit to Llandow, and the first in the 2019 season of track days at circuits across the UK.

Founded by Mike Newman – eight-time World Record holder, including seven Guinness World Records – who is the fastest blind man on the planet on land and water, Speed of Sight offers tutored track and driving experiences to people of all ages with a range of disabilities.

One of those taking part was 'Joseph'. Going on 13 and accompanied by his stepfather 'Andrew'.

The young man was clearly excited by the prospect of taking out a dual-control, automatic racing car.

Before his drive, he said: "I can't believe I'm going to drive a real racing car! I drove small cars at Legoland and reversed my stepdad's MX5 down the drive (Andrew was quick to point out that it took place on a private road, the engine was off, and his hand was on the handbrake the entire time), but I am going to drive a real car!"

Every good track day begins with brekker of a bacon sandwich and a mug of builder's, and the cafe at the track provided a first-class one for all concerned.

After a safety briefing, Joseph picked the car he wanted to drive, a white Lotus 7-style car – called Simon, after one of Mike's guide dogs – with, coincidentally, an MX5 chassis and engine.

Seated in the cockpit next to his instructor, Phil, Joseph first put on a balaclava, then helmet, while Mike strapped him in.

And then they were off, slowly at first but gaining speed on each successive lap.

"I can't see him," began Andrew of the car on the far side of the 1.45-kilometre track, "but I can hear Joseph – and Phil – getting faster and faster all the time."

Joseph's 20 minutes came to an end, and, as he drove into the pit lane, he was received with tumultuous applause.

"It was GREAT!" said Joseph, beaming and bounding out of the car, "just great! Can I come back to do it again?"

Speed of Sight has just a couple of full-time staff and relies on volunteers at its HQ in Bolton near Manchester and at the circuits it visits.

Afterwards, talking with Andrew and volunteers, and just before a group of pupils from a local special school arrived, they gave an insight into what it means to them.

"I am unbelievably proud of Joseph," began Andrew, "week on week he is developing beyond the levels some thought he could, and experiences like this – he will probably never live independently, let alone be able to drive – don't make him exceptional in the wider world, but rather make him 'normal', doing things that perhaps the rest of us take for granted.

"That is what makes his mother and me so proud."

Volunteers echoed these sentiments, adding that the confidence boost it gives, and the change it can make in a person, can be extraordinary.

One volunteer said: "I know of a young man, 'Paul', who couldn't go anywhere without a toy animal, which he used as a form of comfort.

"We told Paul that he couldn't hold his toy and drive, so he had to leave it with us. He was reluctant at first, but gave it to us and drove, taking it back afterwards. However, the next track day Paul came on, he put the toy down without being asked, and the next track day after that, he didn't bring the toy and his parents said he didn't rely on it any longer.

"It seems like so little, but really it's such progress and such a life-changing achievement. It's pretty humbling to be part of it."

Speed of Sight will return to Llandow Circuit on July 30 and 31 (Tuesday and Wednesday), and some spaces are still available. For further information, visit www.speedofsight.org.

The charity is always on the lookout for donors, both individual and corporate, to fund its activities, as well as people that can donate their time and expertise.

Visit the website, or email info@speedofsight.org, for more information. **AJ**

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Out & About with The GEM

A masterpiece? Us is a bravura and exceptional piece of filmmaking...

SCREEN TALK with GARETH JAMIESON

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CHANCES are if you had heard of Jordan Peele before 2017, it was through his comedy partnership with Keegan-Michael Key.

However, all that changed after Peele's *Get Out*, a satirically-charged horror, wowed audiences and critics alike, bagging Peele an Academy Award for Best Original Screenplay into the bargain, and building anticipation for his follow-up.

That finally arrives in *Us*, a film which tells the story of a family led by Lupita Nyong'o's Adelaide and Winston Duke's Gabe, who are on vacation in Santa Cruz. When they are accosted in their home by four doppelgangers intent on causing them harm, it sets in motion events that leave the family in a state of shock and trying to stay one step ahead of the trouble that lies in store for them...

Given that *Get Out* was Jordan Peele's directorial debut, it belied the smarts and savvy of a writer-director who was comfortable using genre tropes to speak out about social concerns.

The gigantic success of that film means that *Us* comes with an incredible amount of hype, yet it takes the tone and style of *Get Out* and shows ambition, growth and an impeccable confidence – it isn't hyperbole to suggest that this film is one of the most powerful and unsettling films of the last few years.

Peele's background in comedy means that his work comes leavened with a dark humour and *Us* is no different; it's a disservice to label it as a horror-comedy, making it sound trite, but this is a film that manages to be brutal yet human, that blackly comedic streak running through the film throughout.

While *Get Out* was a comment on race in America, *Us* seems to be Peele passing comment on living in a world where atrocities and the human capacity to be shocked by them or to be caught up in them grows ever bigger.

It's a clever trick that many directors and writers use, to take big themes but present them through the lens of genre filmmaking, and Peele gets this spot on; look for the allegories and they're there, making it an intelligent and deep piece of work; yet choose to look purely at the surface and you have a chilling and primal horror film, one that comes wearing the influences of such as Alfred Hitchcock, *The Twilight Zone* (a modern version of which Peele is executively producing) and slasher films and giving them a little twist.

There is a visual ambition, a narrative scope that is bold and Peele shows incredible confidence and assuredness to make something so compelling, so rich in detail. He has a cast that are all incredible, Lupita Nyong'o especially inspired as Adelaide and, as the story progresses, her doppelganger.

To delve any deeper would provide reveals that are best experienced in the cinema rather than being read in a review, but Nyong'o, Winston Duke, Shahadi Wright Joseph and Evan Alex (the family unit who are overrun) all shine brightly with some stunning performances.

Nyong'o, however, is the star of the show, the talented actress handling all the emotions and delivering a thoroughly powerful, and at times jaw-dropping, performance.

You could be slightly cold-hearted and suggest that *Us* lacks any real scares; that, when push comes to shove, it becomes maybe a little too genre-based given Peele's ambitions, but to bemoan these slight flaws means not looking at the bigger picture.

That picture is one that, drawn by Peele, makes *Us* something so much more: a film that transcends genre, that realises its aim of being more than just a mere chiller thriller; Peele has made a film that overshadows the incredible *Get Out* and, just two films in, reinforces the hope that we have found another filmmaker who has the talent to balance thrill with intelligence, spectacle with social conscience.

VERDICT: A film that lingers long afterwards, that is brutal, bonkers, primal and unsettling, *Us* is a triumph for writer-director Jordan Peele, proof both that *Get Out* was no fluke, and also that he has the capacity and potential to be one of the smartest and compelling directors in modern cinema.

The cast are all superb, most notably Lupita Nyong'o's exceptional turn, and this is a film that is layered and dense, yet moves with graceful and powerful ease – a masterpiece? Perhaps. *Essential viewing*.

SEE THIS IF YOU LIKED: *Get Out* (2017), *The Strangers* (2008).

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What's on, and where?

An evening with gardening expert

COITY Village Association present 'An evening with Terry Walton', the BBC Radio gardening expert, at Gilead Chapel Hall on Saturday, April 6 from 7.30pm – a chance to ask all your gardening questions.

Admission is by ticket only, to include cheese and wine. Tickets (£5) available from CVA members and Coity Post Office and Stores. Visit Facebook@Coity Village Association for further details.

U3A concert

A SPRING concert will be held at Trinity Church, Woodland Place, Penarth on Saturday, April 6 at 2.30pm given by Sully University of the Third Age Singing for Pleasure and Cantabile, a vocal ensemble from Corpus Christi Catholic School, Cardiff.

The concert is in aid of Penarth Living at Home Scheme and the Alzeimer's Society; tickets £5.

Dinas Powys Players

THE Players will be *Keeping up Appearances* when they present the comedy featuring Hyacinth Bucket (Bouquet) from the BBC television series written by Roy Clarke, when Hyacinth attempts to prove her social superiority with hilarious consequences.

It takes place at the Parish Hall, Britway Road, Dinas Powys at 7.30pm on April 11, 12 and 13. For tickets call 02920 512868, 07592 583794 or visit the village store on Station Road or Valley View Fruit and Veg store on Castle Drive, Dinas Powys.

What's on, and where?

Barry Stroke support group

THE Stroke Association is forming a new stroke support group in Barry for stroke survivors and their families on the first Thursday of each month, at the Age Connects cafe on Holton Road, Barry from 10am to 12pm.

We offer friendly advice and support to anyone who has to deal with this debilitating condition. Come and meet others who are in a similar situation. Coffee and cakes available for a small fee.

Art exhibition for MIND

LOCAL artist Rhys Horler is exhibiting his artworks at the Travellers' Gallery, Barry Station, with 20 per cent of the takings going to the mental health charity MIND.

The exhibition, entitled 'Super Heroes', opened on March 25 and will run until Friday, May 10 and is open on weekdays from 7am until midday.

Railway talk

THE March lecture of the Barry and Penarth Railway Society will take place at 7.30pm at The Penarth Conservative Club (CF64 2EZ) on Thursday, March 28 when David Franklin will describe a journey across Canada on 'The Canadian'.

Art Society

ON Thursday, March 28, the Cowbridge Art Society holds its last meeting of the spring term with an illustrated lecture by art history lecturer, Eleanor Bird from Monmouth, on 'Modernism and Abstraction: Key moments in Art'.

The summer term starts on May 2 with a visit by Cardiff artist, teacher and demonstrator Howard Jones, who will give a demonstration using mixed media.

CAS welcomes artists of any level, and also non-artists for demonstrations of art technique or illustrated lectures.

The group meets on Thursday evenings at the Old Hall, Cowbridge (7pm–9pm) and occasional visitors and new members are most welcome. For further details, collect a programme from the Old Hall or see *www.facebook.com/cowbridgeart.cas* or Instagram*#cowbridgeartsociety*.

Coffee morning

Y BONT Crafters Club will hold their first seasonal coffee morning on March 30 at Laleston Gardening Club, Blandy Hall to help raise funds for local children's charity Y Bont, which supports babies and children with disabilities and additional needs.

Tickets are £1, available from Y Bont and includes tea/coffee. Stalls include craft and cake stands, raffle and tombola.

If you would like more information on how to get involved and support Y Bont, contact Paisley at *fundraising@ybont.com*.

U3A open day

COWBRIDGE U3A will hold an open day on Saturday, March 30 from 10am to 1pm in the Lesser Hall of Cowbridge Town Hall.

Refreshments available. See *www.u3asites.org.uk/cowbridge* for more information.

Vegan fair in Penarth

ABSOLUTELY Fabulous Vegan Fairs are hosting a Mother's Day event in the Paget Rooms on Victoria Road, Penarth (CF64 3EG) between 1pm and 5pm on March 31. Admission £1 adults, children free.

Raffle tickets - we have some fab prizes and new goods. Call Sue 02920 709292 for further information (although all stalls are taken now).

Bingo in Rhoose

THE management committee at Rhoose Community Hall are holding their monthly Bingo afternoon this Saturday, March 30.

The doors at the Stewart Road Hall will open at 1.30pm for a prompt start at 2.30pm. At the half-time break, light refreshments will be provided together with the usual raffle. Please come and join us.

Beach clean in Barry

FRIENDS of Barry Beaches' March beach clean will be on Sunday, March 31, at Jackson's Bay, Barry Island. Volunteers should meet near the bottom of the path near the beach for a 3pm start.

The beach clean is part of Keep Wales Tidy's Spring Clean events; the litter pick lasts for an hour and equipment will be supplied. We welcome volunteers of all ages, but ask that

Barry War Museum

A 'drop-in' event takes place at the museum on Wednesday, April 3, from 6pm to 8pm at the Old Railway Station, Barry Island.

Get 'In the Mood' with the sounds of '40s; try on period fashion, handle genuine World War One and World War Two military artefacts; see how rationing affected families during wartime and what happened during the Blitz; find out how women were involved in war and 'on the Home Front' and chat to our knowledgeable volunteers about your family's ancestors. Admission is free.

Valeways for Health in Penarth

VALEWAYS walking charity is delighted to announce a new Coffee Shop Stroller group in Penarth.

The walks will start from the cliff top car park at 2:30pm and are designed for people wanting that extra bit of encouragement. The scheme has proved a resounding success in Barry, Cosmeston, Cowbridge, and Llantwit Major.

Do you ever feel you should get out more? Make new friends? Keeping active is the best way to a long and healthy life. But it's sometimes difficult to get going – so Valeways makes it easy.

Our walk will take one hour, avoiding hills and stiles, and will finish with a refreshment stop and an opportunity to socialise. The walks take place every other Thursday starting on April 4. For information contact *info@valeways.org.uk* or call 01446 749000.

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New chefs cook up a treat for care home residents

A CARDIFF care home will be cooking up delights for residents, having welcomed a new kitchen team to its experienced line-up of dedicated staff and carers.

Tŷ Llandaff, a private nursing, residential and respite care home in Conway Road, Pontcanna, has taken on head chef Christopher Bohun to head up their kitchen and provide delicious and specifically tailored menus for residents.

Christopher (32), who has always had a love of cookery and cuisine, achieved an NVQ in catering after leaving school and then achieved a BTEC in catering at Cardiff and Vale College, formerly known as Coleg Glan Hafran.

During his career to date, he has built up a wide range of experience and has developed his own cooking style, working in a variety of kitchens in public houses, restaurants and high end care homes.

At Tŷ Llandaff, the duo is working on developing and delivering a healthy, balanced and varied menu that suits both the tastes and dietary requirements of the residents.

Christopher said: "I'm really excited to be getting started on the menu for Tŷ Llandaff. I use a 'food first' approach which focusses on nutrition and makes sure that the food is enriched with the goodness to meet individual needs. Older residents tend to lose fat more quickly so it is important that their food is rich in good fats and proteins, essential for energy and health, as well as food full of iron and vitamins.

"But of course, it is essential that the menu is tailored to the tastes of residents and also supports their social timetable. For example, I love to cook a hearty Sunday roast, which serves as a marking point in the week, usually proves very popular with residents, and is a great chance for people to come together over a meal and chat.

"My style of cooking is traditional British and French, which tends to go down well with our residents, and when presenting the menu I am careful to name dishes that are familiar to them so they are clear what we will be serving."

Sous chef Owain Jones (28), from Llandrindod Wells, received a glowing report from Christopher. He said: "Owain is a really motivated worker. Like me, he is keen to put the needs of the residents first and he's already engaging with the rest of the staff to make sure we're a fully integrated team.

"For success, you need a strong team behind you and I'm really excited to have such a strong motivated team behind me here at Tŷ Llandaff."

Tŷ Llandaff care home manager Janice Evans said: "We are thrilled to have Christopher and Owain on board. Food is such an important part of care homelife, as the right menu can make someone feel at home, a delicious meal is good for the soul, and the right foods keep our residents healthy and well.

"Our new kitchen team have a great approach to their work, they are a perfect fit for the ethos of Tŷ Llandaff and are an excellent addition to our staff."

For more information about Tŷ Llandaff, contact Janice on 02920 600 100, email info@tyllandaffcare.com or visit www.tyllandaff-care.com

Say it with scones on Mother's Day

AFTERNOON tea at a fancy hotel or cafe is a lovely treat for any mum on Mother's Day but it can be expensive, especially if all the family want to join in.

Why not surprise her with afternoon tea made at home and served direct to the sofa? For the perfect 'thank you' on a plate, these scones are perfect.

You will need: 450g self-raising flour; 2 level tsp baking powder; 50g caster sugar; 100g butter, softened and cut into pieces; 2 free-range eggs; a little milk; sultanas or chopped glace cherries (optional).

Method: 1.Preheat the oven to 220C/200C fan/Gas 7 and place in two baking trays.

2. Put the flour and baking powder in a large bowl. Add the butter and rub in with fingertips until the mixture resembles fine breadcrumbs. Stir in the sugar.

3. Lightly beat the eggs in a measuring jug and add enough milk to make the total liquid 300ml/10 fl.oz. Stir the egg and milk into the flour mixture – you might not need it all – and mix to a soft, slightly sticky dough.

4. Turn out dough onto a lightly floured surface, knead lightly – being careful not to overwork the dough – and add sultanas or cherries, if using. Roll out the dough to about 2cm thick.

5. Using a 5cm/2in fluted cutter, cut into as many rounds as possible. Brush the tops with any leftover egg/milk mixture or extra milk.

6. Place the scones on the hot baking sheets and bake for approximately 10 minutes, until pale golden and well risen. Cool on rack.

7. To serve, split the scones and serve with jam and a dollop of clotted cream.

The scones can be served with small sandwiches and tea/Prosecco, depending on the preference of the mother.

Don't forget that presentation is everything, so use pretty china cups and plates – and make sure you wash the dishes afterwards!

CB

A call for veterans to mark the 75th anniversary of the Italian campaign

VETERANS from World War Two who fought in the Italian campaign are being invited by the travel arm of the Royal British Legion to take part in special 75th anniversary journeys of remembrance.

Veterans who fought in Italy can opt for a tour to either Monte Cassino and Salerno, or Monte Cassino and Anzio; a special tour to the National Memorial Arboretum is also on offer for those unable to travel overseas. The Treasury is enabling these free-of-charge tours, which are funded by LIBOR fines, and will enable a World War Two veteran to return with a family member and carer.

The Italian campaign proved to be a major turning point in World War Two but was also one of the hardest-fought battles. The allies came under heavy artillery fire and at times were knee-deep in mud and snow. Fortunately, in May 1944, the allies prevailed.

This year marks the 75th anniversary of the Italian campaign and the Royal British Legion is inviting veterans, who are now in their 90s, back to Italy to honour fallen comrades.

Nichola Rowlands-Smith, head of travel, Royal British Legion, explained: "The Italian campaign seems to be less well-known in the nation's history than other battles such as D-Day, yet it was another pivotal turning point in bringing to an end World War Two.

"We have a wonderful opportunity to take back those who fought, for them to pay their respects to fallen comrades, meet fellow veterans and lay old ghosts to rest."

The five-day Italian-based tours will include a service of remembrance at the Cassino war cemetery plus visits to Anzio war cemetery, Salerno Commonwealth war cemetery and the Beach Head war cemetery.

The tour will also take in significant battle sites, such as the Monte Cassino Abbey, as well as visits to local tourist locations. Veterans heading to the National Memorial Arboretum will take part in a four-day tour staying at the Hilton St Georges Park Hotel in Burton-upon-Trent. The tour will include a service of remembrance as well as visits to Cannock Chase cemetery and Staffordshire Regiment Museum.

The Royal British Legion has been running LIBOR-funded tours for the past five years. The tours are now available for all veterans who served in World War Two and this year will be running journeys of remembrance to Normandy, Berlin, Holland and Italy.

To find out more about the tours, or to sign up to one, visit the Royal British Legion's tour operator Arena Travel on 01473 660800, or visit *www.arenatravel.com/our-holidays/remembrance-travel.*

PACT in the Vale

COME along to ibbonsdown 'Cuppa with a Copper' – every Monday morning at the Aberaeron Hub, Aberaeron Close between 10am and 12 noon.

Buttrills PACT will be held at the Civic Offices, Holton Road, Barry, at 6.30pm on Thursday, April 4.

Meet your local officers at Penarth Library on Thursday, April 4, between 11am and 12 noon.

A Police Surgery takes place at Llantwit Major Library on Tuesday, April 9 between 10.30am and 11.30am.

If you have any issues that are affecting your quality of life but are unable to attend a meeting, contact 101 for non emergencies or visit www.south-wales.police.uk where you will find contact details for your local PCSO to contact them directly for non emergency matters.

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Bro Radio announces the finalists in Community Awards

BRO Radio's Community Awards, sponsored by Wessex Garages Nissan, will take place on March 30 and will celebrate 10 years of Bro Radio, as well as outstanding individuals in the third sector, business, sport and local community who make living and working in the Vale so special.

Nominations were submitted by the public in 2018 and were whittled down to 31 finalists across 10 award categories and the winners will be announced during the awards evening.

Bro Radio will bring you updates from the awards on air and via its social media during the evening and you can find out more about the winners in next week's edition of The GEM.

Meet the Community Awards finalists

Young Person of the Year sponsored by Fun Harbour.

Harrison Baker: Six-year-old Harrison has been involved with the Cadoxton Conservation Group for the past two years, where he takes part in litter collection sessions. Picking up litter has become second nature to Harrison. He picks up litter on his way to school and will automatically pick up any litter on visits to the local beaches as he goes along.

Lola Pike: Lola has been unwell since she was a baby and has suffered from physical and medical conditions, but never complains and always has a smile on her face, despite facing daily challenges.

Lola has recently started at a specialist school and has taken to it very well. She understands that she is a little different from other children and that she sometimes needs extra help.

Daley Chapman: 17-year-old Daley was part of the Vale Youth Cabinet from 2016-2019 and Vale of Glamorgan Deputy Youth Mayor twice (2016/2017-2017/2018). Daley started at The Premier League Kicks project as a participant in 2015 and has since become a volunteer coach.

Daley is committed to his role and manages this alongside his studies, in which he is progressing ready to start university in September.

Volunteer of the Year sponsored by GVS

Janet Rees: Janet created a group called Cwtch Cymru for those suffering with depression and anxiety.

The group welcomes everyone, making them feel comfortable to be open with their feelings.

Janet is always looking for ways to promote Cwtch Cymru to ensure the service is available for those who need it. Last September Janet started a second group which runs in the evening, for those who could not make the morning group.

Phill Sedgmond: Sensei Phill Sedgmond is a karate teacher from Barry, who is described as being selfless and an amazing leader. On top of having a family and a full time job, Phill dedicates over 10 hours of his free time each week to teach karate on a voluntary basis.

Phill doesn't make a penny for his teaching, ensuring that they have the best experience possible as a part of Barry Kyokushin.

Nerys Thomas: Nerys has been a volunteer for Marie Curie for 15 years and is described as being the backbone of her group. Nerys is the treasurer of the Penarth fundraising group and organises a twice yearly quiz involving 30 teams, and is the caretaker for the collection and 'daffodil boxes'. Nerys not only raises money, but is also an ambassador for the charity completing four Marie Curie overseas treks.

Teacher of the Year sponsored by West Quay Estates and Lettings

Ian Piekielniak: Mr P, as he is known, teaches drama at Whitmore High School. He has been described as being kind, caring and hilarious. Mr P is an inspiration to his pupils and goes above and beyond with dedication and professionalism.

Kirsty Berry: Miss Berry is a popular teacher at St Cyres School in Penarth. Miss Berry has been described by a pupil as going above and beyond in her role. The pupil who nominated her joined the school in year 9, where Miss Berry ensured that she settled in, helping her to achieve two GCSEs so far.

Sarah Morris: Sarah is a learning support assistant at Gwenfo Church in Wales Primary School. She works 1:1 with a pupil who is a bilateral amputee. With Sarah's help, the pupil has made a breakthrough both physically and mentally.

Charity of the year sponsored by McDonald's Barry

Home Education Barry: HEB – Home Education Barry offers help and support to those who currently, or intend to, home educate their children. The group meet weekly to interact with other home educated children and for parents to be able to meet other like minded people.

Mind in the Vale: Mind in the Vale supports people with mental health problems, with three centres in Barry, Llantwit Major and Penarth. The public can drop in for advice or have one to one support sessions. Last year Mind in the Vale provided help to 2,524 people.

Vale Plus: Vale Plus is a charity based in Barry and Llantwit Major which provides lifelong learning opportunities for people with learning disabilites. It was established to provide continuing educational opportunities for people with learning disabilities after they had left full time education and currently supports 70 members.

Community Event of the Year sponsored by Barry Round Table

The Neil Lewis Memorial Concert: The concert was started in 2009 by Rhys Lewis, in memory of his late father Neil, a folk musician who found fame in the '70s working with Max Boyce. The event involves local bands coming together to perform free of change, raising £15,000 for local charities.

Santa Fun Run: The Santa Fun run started in 2016 as part of the Barry Town Council mayoral programme of events and is aimed at families, children, adults, able bodied and disabled. In that year over 400 people participated and it has now doubled in size, raising £3,000 for local charities.

Llantwit Major Pride: Major Pride took place on September 1, 2018 in Llantwit Major. It was the first ever Pride event to be held in the Vale. Organised in just six weeks, it brought together the young and old, townsfolk and rural communities alike to celebrate love, respect and togetherness.

Sports Star of the year sponsored by Cariad Café Bar

Josh Cook: Josh is a member of YMCA Barry Gymnastics Club and has this year become the Welsh Senior Men's All-Around Champion despite being the youngest senior gymnast. Josh's performance at the London Open in September resulted in him being invited to train with the British Top Squad alongside Britain's Olympic gymnasts.

Jeff Robinson: Jeff is an RAF veteran who served in six different war zones, specialising in Close Protection duties. A motorcycle accident left him with paralysis from the chest down, but despite this, he competed in the 2017 and 2018 Invictus Games where he went to win silver medals as part of the UK Wheelchair Rugby team.

Morgan Thomas: At the age of three, Morgan suffered a brain virus which left him having to learn how to walk and talk again, leaving him with balance and concentration issues growing up. Despite this, Morgan is achieving in athletics with the 100 metre sprint, he is currently 11.23 seconds and improving all the time.

Sporting Achievement of the Year sponsored by Sully Sports and Social Club

Peter Haysham: Peter, a former YMCA Barry Elite and Commonwealth Games gymnast, is the current Welsh national coach for Male Artistic in Wales. Pete is the personal coach of two senior gymnasts at YMCA Barry, Josh Cook and Iwan Mepham who both qualified to represent Wales in the 2018 Gold Coast Commonwealth Games under his guidance.

Gavin Chesterfield: Gavin has been the manager of Barry Town United Football Club for over a decade, leading them to multiple promotions and championships against all odds, while setting up a thriving academy and growing the club to over 600 playing members. In November 2018, he reached his 400th game as manager.

Chloe McBratney: Chloe was diagnosed visually impaired with bilateral optic nerve hypoplasia and is registered blind. She started playing football age five, along with various other sports including basketball, in which she gained caps for Wales. Chloe is a volunteer coach with Barry Town Pan Disabilty and is currently undertaking her B licence.

Making a Difference through Business sponsored by the Glamorgan GEM

High Street Traders: The High Street Traders Association is a group of business owners from the High Street shopping quarter who organise a series of events that don't just benefit themselves and the shopping area, but the community in which they are located. Members of The High Street Traders give their own time to organise and attend events.

Holton Road Traders: The Holton Road Traders Association organises events which are aimed at the local community. The events are organised by traders on top of running their businesses, bringing local people together and helping promote the shopping area, which is currently seeing a decline in footfall. Events include a Christmas market which gave others the opportunity to experience trading in the town centre.

Cariad Café Bar: Cariad Café Bar have been open for just over a year and in that time its owners have made an effort to become a part of the community, helping people to raise around £10,000 for local causes. The owners hold a monthly 'Jazz and Gin night' and invite local fundraisers to come along and hold a raffle to raise money for their cause.

Triumph Over Adversity sponsored by Vale of Glamorgan Council

Rachel Degaetano: Rachel lost her son Chae to suicide in 2015 at the age of just 21. Since his death, Rachel has worked tirelessly to raise money and awareness of mental health, setting up the charity Gobaith. The aim of the charity was to create a centre that opens its doors and offers a welcome and safe environment to anyone that needs it.

Soraya Kelly: At the age of 48, Soraya was diagnosed with grade three breast cancer. During her recovery, Soraya set up #TheGlovesAreOn campaign and later The Soraya Kelly Foundation to raise awareness of the importance of early detection of the disease while raising money for various causes. Since May 2018, Soraya has already raised over £16,500 for local causes.

Charlotte Feldmeier: Despite suffering abuse herself, Charlotte devotes her time to promoting human welfare awareness, through providing physical and emotional support and social reforms. Charlotte helps the most vulnerable in society providing resources – including food, clothing, supplies, advocacy – acting as a liaison with agencies and authorities researching. Her autobiographical, self-help book titled Soul Murder, was released with 200 copies free of charge.

Bro Radio's Good Egg Award sponsored by HRA Accounting.

Ela Gamgee: Ela is a member of Billboard Ensemble and has recently started a theatre company called High Voltage, a drama group for people with special needs. The club has helped many individuals gain confidence and take part in the shows they have already put on in their first year. Ela is said to be an inspiration who goes above and beyond for the community.

Steve Blackman: Steven started Dementia Friendly Cowbridge together with Liz George (then Mayor) when he was president of Cowbridge Rotary Club. He now chairs DFC which works with the Alzheimer's Society to establish Cowbridge as a dementia friendly community. DFC runs sessions to help people become more aware of the needs of those living with dementia, and run two monthly cinema shows, activity afternoons and curry evenings.

Nicky Vickery: Nicky is volunteer garden manager at Gibby Green Fingers and also runs her own garden maintenance business. She helps young children in Gibbonsdown earn time credits through regular litter picking sessions. She works with people with learning difficulties, helping several to gain work experience at Gibby Green Fingers. Nicky is described as one of a kind and an old school community champion.

Last, but by no means least, the Vale Homework Club.

Cath Watkins created the Vale Homework Support Club over seven years ago with two others. The club helped children in Rhoose and eventually supported those living in rural Vale. Initially the club started with six children and has since grown to support over 250.

This leads to the Special Recognition Award.

During the nomination period, Bro Radio received multiple nominations for Cath Watkins, an individual who worked tirelessly to support those struggling in education in the village of Rhoose.

Cath created the Vale Homework Support Club over seven years ago and spent hours preparing work. Support was also offered to parents using the club and they were encouraged to understand the children's homework by offering continuous education for adults. Always showing professionalism, encouragement and passion, parents became friends and the children were enthusiastic to attend club and see their Auntie Cath.

After hearing so many individual stories about Cath and the Homework Club, Bro Radio's staff were devastated to hear that she passed away in December after battling cancer since 2004.

The decision was made to recognise, posthumoulsy, Cath at Bro Radio's Community Awards with a special recognition award celebrating her work.

Records smashed in Big Farmland Bird Count

A FANTASTIC effort from farmers have helped secure a best-ever year for the Big Farmland Bird Count (BFBC).

Results show 1,400 people – a 40 per cent increase on last year – recorded 140 species over one million acres in the Game & Wildlife Conservation Trust (GWCT) initiative which took place between February 8 to 17. Encouragingly, a total of 30 red-listed species were recorded, with five appearing in the most-commonly seen species list.

These included fieldfares, starlings, house sparrows, yellowhammers and song thrushes, with the first four seen by over 30 per cent of the farms taking part.

The five most abundant birds seen were woodpigeons, starlings, lapwings, black-headed gulls and rooks. A total of 148,661 were found, making up nearly 50 per cent of the total number of birds recorded.

In Wales, 61 farmers took part recording 93 species across 25,172 acres. The most-commonly seen species were blackbird, blue tit, carrion crow, robin and great tit. A total of 20 red-listed species were recorded.

"It's brilliant to see an increase in the number of participants," said Jim Egan, who has co-ordinated the count for the past six years. The fact that in many cases, farmers and birders have worked together and inspired each other shows the power of sharing our skills and knowledge. Congratulations to everyone involved."

The average farm size of those taking part was 739 acres, with 66 per cent growing arable crops, 52 per cent having beef or sheep, and 13 per cent growing field vegetables. There were also dairy farms, horticulture units, poultry producers and pig producers submitting counts. The survey areas included important environmental features such as hedges, woodland ponds, grass margins, ditches and trees.

Minette Batters, president of the NFU, the main sponsor of the count, said: "It is often unappreciated that many farmers provide habitats and additional feeding for birds during the winter months. The Big Farmland Bird Count is a fantastic way for farmers to record the birdlife found on their farms. That is why I was really pleased that the NFU could sponsor this year's count and that so many more farmers took part."

"I'd like to thank all those farmers who braved Storm Erik on launch day to carry out the count despite driving rain and strong winds."

CLA vice-president Mark Tufnell said: "I am delighted to hear that 1,400 farmers, including many CLA members, took part this year. We saw and heard three pairs of grey partridges during our lookout, which was a real joy. It's one of the privileges of farming."

The BFBC was launched in 2014 to highlight the positive work done by farmers and gamekeepers in helping to reverse the decline in farmland birds. The count offers a simple means of recording the effect of any conservation work currently being instigated by farmers and gamekeepers on their land, such as scatter feeding birds through winter or growing crops specifically to provide seed for birds.

The GWCT would like to extend its thanks to NFU for sponsoring the BFBC, which it delivered in partnership with FWAG Association, LEAF, CLA, Kings and NFU Scotland.

To view the results in full, visit www.bfbc.org.uk/2019results.

Superbikes on their way to Llandow track

GT Superbikes.com of Talbot Green is organising its first 'super bike experience day' at Llandow race track on Saturday, June 29 this year.

Organisers are expecting around 500 people to attend, including motorcycle riders, family and friends.

Pitches for trade stands will be available. For more details, email *info@gtsuperbikes.com* or telephone 01443 449555.

Small voluntary groups benefit from questioning a member of The GEM!

GLAMORGAN Voluntary Services (GVS) was pleased to host a briefing session on March 15 with Andy Johnstone from The GEM newspaper.

Representatives from local voluntary groups benefitted from asking questions, gaining important tips and advice which would all help to contribute in gaining press coverage for their organisation.

Delegates who attended said: "The GEM representative was excellent. The aspect I found most useful was the advice on how best to structure an article, how to send it in, and use of photos."

The next briefing session, priced at £5 and aimed at small community groups, will take place in July 2019. A full list of GVS courses and briefing sessions can be found at *www.gvs.wales/support-for-groups/gvs-training* where you can also reserve places.

If you would like to attend any of the sessions, contact Glamorgan Voluntary Services (GVS) on 01446 741706, email *enquiries@gvs.wales* or visit *www.gvs.wales*

Tarmac supports Woody's Lodge

A CHARITY which provides an inviting space for veterans of the Armed Forces, emergency services and Reservists across the Vale of Glamorgan has received a helping hand from Tarmac's Aberthaw plant.

melia Trust Volunteer Glyn Davies and caretaker, Neil Hardy outside the fenced area.

Woody's Lodge at the Amelia Trust Farm took an important delivery of Postcrete from Tarmac, which has allowed a fence to be erected around the bunkhouse area that Woody's Lodge occupies during the week. The fencing now means that veterans, many of whom suffer from post-traumatic stress disorder (PTSD), have privacy as they receive support at the Vale base.

Woody's Lodge opened its doors at the Amelia Trust Farm in August last year after moving from HMS Cambria. It has since been working with local veterans to provide them with therapeutic support in a care farm setting. Tarmac has a history of supporting the farm, going back to its establishment in the 1980s, when it donated cement to make pathways around the site.

Kara Bennett, Tarmac Aberthaw's environmental co-ordinator, said: "We are proud to provide continued support to the Amelia Trust Farm and have a long-standing relationship which spans many years. Just last year we provided a further donation of Postcrete and, when we were approached again, we were only too happy to help.

"The work of the Amelia Trust Farm and Woody's is fantastic, and we hope this little help will go a long way to supporting the many people who visit and rely on the facility's services."

Sian Woodland, communications officer from Woody's Lodge, spoke of the donation: "On behalf of Woody's I'd like to say thank you to Tarmac for its support. Our veterans now have a space where they can sit within a secure and safe area."

Woody's Lodge is open to veterans and their families on Monday to Thursday from 10am to 3pm.

Nordic walkers on cultural visit

BARRY Nordic Walkers included a stop off at St Peter's Church, Cogan, on their Monday morning walk around Cosmeston Country Park.

The church, which pre-dates the Norman invasion and might have its origins in Roman Britain, has recently re-opened after restorative work, funded by the Heritage Lottery scheme.

Rob Wardle, one of the walk leaders, said: "A few weeks ago, our members asked if we could stop off one day to have a look, so I got in touch with the Friends of St Peters and they arranged for the church to be opened by John Fraser, who told us about the history of the church."

Barry Nordic Walkers is affiliated to Age Cymru and supported by the Welsh Government. The instruction, equipment provision and tuition is currently being offered free of charge to anyone over the age of 55. They meet on Monday mornings at Cosmeston Country Park and Wednesday mornings at Barry Island.

For more information, contact Geoff Hollett on 01446 730613 or *geoffhollett@hotmail.com*

Will you succumb to the Domino effect?

DOMINO is an 18-month-old Cocker cross Springer Spaniel who is a young boy with bags of energy, so he is looking for a home with owners who like to be as active as he is.

He is a sensitive chap who can become worried in new situations, so he is looking for dedicated owners who can help him build up his confidence. Domino will need continued work on his social skills with other dogs but could potentially live with a calm dog who is already settled in the home. Domino would like to live in a quiet, adult-only home with owners who are around for most of the day. He loves his toys and food and enjoys doing training in return for a tasty treat.

Dog trainer Katie said: "Domino loves the outdoors and having a good run and sniff in the field. He will be such a fun and rewarding addition."

To find out more Domino, visit *www.dogstrust.org.uk*

Barry's 'Wishing Bridge' gets its plaque back after theft

A NEW plaque has been bolted to the 'Wishing Bridge' at the Knap Gardens following the theft of the original one.

Local artist Glyn Pooley said: "After a fantastic effort by a number of volunteers, our new plaque is back up for the local community and visitors to enjoy.

"After the theft there was a massive response on social media. It reached more than 9,000 people and led to offers of help.

"Art4U wants to thank Mark Lund, Bob and Gloria Powell, Jo Mortimer and Sue Eldridge for the beautiful script and decoration of the plaque. Their hard work is really appreciated. Through this community artwork, we hope all who walk across the bridge will be uplifted with an experience of hope and well-being."

TC

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3 Beds. 2 Recps.
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Mount Pleasant House, Llanmaes
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Conservatory
Countryside Views
£329,950 D59

NEW PRICE

Roberts Close, St Athan
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Lovely Presentation
£263,950 D68

Llanmaes Road, Llantwit Major
4 Bedrooms
2 Receptions
57' Driveway
£269,950 E52

NEW PRICE

Spitzkop, Llantwit Major
2 Bedrooms
Garage. No Chain
Conservatory
£229,950 D60

Daniel Hopkin Close, Llantwit Major
3 Beds. No Chain.
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Driveway. Garage.
£224,950 D64

Carne Court, Llantwit Major
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£139,950 D63

Brecon Street, Llantwit Major
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Bedford Rise, Llantwit Major
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Lougher Place, St Athan
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Quiet Location
£134,950 D64

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Driveway
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Nathaniel MG adds 'flagship' dealership with new showroom

Bartley Bluebird, Wayne Griffiths, Max Griffiths, Nathaniel Mendez-Laing, Joe Ralls.

NATHANIEL MG, one of the most decorated MG dealerships in the country, launched its latest showroom on Penarth Road in Cardiff with two events to mark the occasion.

The VIP evening was very well attended with many celebrities turning up to show their support, including Grand Slam Welsh rugby players Gareth Anscombe, Owen Watkin and Tomas Francis plus the legendary Gareth 'Alfie' Thomas.

Cardiff City football players Nathaniel Mendez-Laing and Joe Ralls, along with their manager Neil Warnock, also enjoyed the evening and CCFC mascot Bartley Bluebird made an appearance.

The new 5,000 sq ft space joins the dealer group's other showrooms: Nathaniel Cars, in Bridgend, as well as the MG Cardiff store which is permanently situated within St David's shopping centre.

Nathaniel MG is one of the most recognised and rewarded MG dealerships in the UK, named MG Dealer of the Year in 2016, 2017 and 2018. The company has operated from a site in Bridgend for the past 35 years and the opening of its second, Cardiff dealership heralds a bright future. The new showroom will feature up to 14 MG models, as well as workshop space for all service and after sales activities.

MG Motor UK's managing director, William Wang, who officially opened the new MG showroom, described it as the iconic British brand's new 'flagship' showroom.

Dealer principal at Nathaniel MG Cardiff, Wayne Griffiths, commented: "We recognise that people's purchasing habits change. They want the car-buying experience to be as seamless and convenient as any other purchase, and that's why we have opened a new dealership in a large showroom near the city centre to complement our St David's and Bridgend sites.

"It's a hugely exciting time to be offering the MG range. Not only are we expanding our own business, but MG is also enjoying a great period of growth. We are very excited and proud to be opening another dealership in Wales' capital city."

Daniel Gregorious, head of sales and marketing at MG Motor UK, said: "The MG philosophy is built around making it easier for our customers to buy the right cars, at the right price, from the right people. Nathaniel MG shares this ethos and its expansion in Cardiff is testament to the work the business is doing to help make the MG brand such a national success.

"With new dealers coming on board and existing dealers growing, it's a hugely exciting time to work with our brand."

Nathaniel MG Cardiff officially opened its doors on February 21, 2019.

Easter Fun day at Cadoxton

CADOXTON Youth Project and Park Lions FC are holding a Family Easter and Sports Fun Day at Victoria Park, Cadoxton (CF63 2JS) on Saturday, April 13 from 12 noon - 4pm.

On the day children can take part in sporting activities including football, in which they'd be coached by the Park Lions coaches. There will also be games, colouring in competitions, face painting and fancy dress competitions. All children will receive an Easter Egg for participating. Other activities include raffle draws and Guess the Weight of a Cake. There will be hot and cold food on the day and all children under 16 must be accompanied by a responsible adult (there will be photography permission forms to fill in, to allow us to take photos of individuals who attend on the day).

AM pushes for increased capacity on Vale rail line

DELIVERING increased capacity on the Vale of Glamorgan Line must be treated as a priority, South Wales Central AM Andrew RT Davies has said.

Mr Davies recently met the Transport for Wales chief executive James Price at its Cardiff headquarters, where he raised concerns about the frequency of services on the route.

Barry Island is currently served by three trains per hour to and from Cardiff, while Rhoose and Llantwit Major receive one hourly service in each direction.

TfW confirmed that the service would be increased, but Mr Davies expressed concerns about the proposed timescales involved.

He said that while he understood the pressures on rolling stock, he called for all options to be kept on the table to deliver improvements as soon as possible.

South Wales Central AM Andrew RT Davies met Transport for Wales chief executive James Price recently.

Mr Davies said: "It's vital we provide better transport links between the Vale and Cardiff, and more frequent train services are absolutely crucial.

"It was good to meet with James and raise these concerns with him – Rhoose and Llantwit only get one train per hour on weekdays and this is clearly not enough.

"While I understand there are limits on the rolling stock available, it's vital delivering increased capacity is treated as a priority. I will continue to push for this to ensure the Vale get the services we need."

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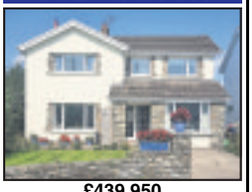
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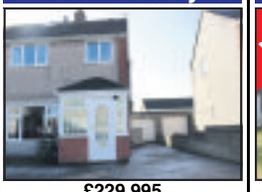
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Family Notices

BIRNER
Captain Alfred-Alfons

Sadly passed away peacefully at home on 20th March 2019, aged 75 years. Much loved father to Luschie, Abi and Andrea and adored brother, father-in-law and uncle.

Alf will be missed more than words can express by his family and friends from all across the world.

Alf is now at peace with the love of his life, his wife Angela.

The funeral will take place on Friday, 5th April 2019 at 10am at the chapel at A.G. Adams Funeralcare, Gladstone Road, Barry, followed by a further service at Cardiff & Glamorgan Crematorium, Port Road East, Barry. Family flowers only, if desired donations to Marie Curie Cancer Care to be collected at the service.

The family would like to thank all of Alfred's friends for the messages of love and support and for sharing the wonderful memories they have of Captain Abi.

JACKSON
Alfred (Alf)

Peacefully on 11th March at the Princess of Wales Hospital, Bridgend, Alf passed away after a very long and active life spanning such fields as pre-war grocer, World War II Desert Rat, oxygen delivery driver and dance band musician. He will be remembered for his anecdotes and his musical ability, and he kept playing his electronic organ until the week he passed away. Husband of (the late) Muriel, stepfather to Ellie, grandad to Robin, uncle to Brian and brother to Will, he will be much missed.

Alf is resting in the care of W.A. Brown & Son of Llantwit Major. Humanist service with military attendance at Coychurch Crematorium, Bridgend on Tuesday, 2nd April at 1.15pm. Family flowers only. Donations can be made to SSAFA, a military charity working to support the needs of Armed Forces' veterans and their families, c/o funeral home or www.ssafa.org.uk.

FOGG
Leslie Michael (Les)

Peacefully passed away at Holme Towers Penarth on 16th March 2019, aged 60 years.

Les will be sadly missed by all who knew and loved him.

Resting at Robert D Johnson Funeral Directors, 29 Holton Road, Barry. A service to celebrate Les's life will be held on Wednesday, 3rd April at 11am at the Cardiff & Vale Crematorium Port Road East, Barry.

No flowers by request. Donations in memory of Les can be made at the service to Holme Towers.

WARE
Lesley Denise (*née* Ford)

Peacefully on Thursday, 14th March at the University Hospital of Wales, Cardiff. Loving wife of the late Robert, will be sadly missed by all her family and friends.

Resting at the Private Funeral Home of W. James & Sons, Fonmon. Funeral Thursday, 4th April, service and cremation 3.45pm at Coychurch, Crematorium, Bridgend.

PAYNE
Mary Gwynneth
(*née Winchester*)

Daughters Anne and Lynn are sad to announce the death of Mary, aged 89 years at Ty Gwyn Nursing Home, Penarth on 9th March, following a short illness. Mary who was married for 66 years to the late George Payne was a much loved mother, mother-in-law, gran and great gran.

Mary is in the care of James Summers Funeralcare, Lavernock Road, Penarth, CF64 5UP. The Service will take place on Friday, 5th April at Cardiff and Glamorgan Crematorium, Port Road East, Barry, CF62 9PX at 3pm.

Family flowers only. Donations, if desired, may be sent to Ty Hafan Children's Hospice, Hayes Road, Sully, CF64 5XX in Mary's memory.

SMITH
Blanche
1923 - 2019

On 19th March at the Princess of Wales Hospital, Blanche passed away very peacefully with friends at her side and in the thoughts of others. Blanche was the dearest wife of the late John Smith and beloved mother of the late John Adam. Blanche lived for many years in Penllyn where she was a very active and respected member of the community which she loved. She often gave thanks for her long and full life.

Resting at the Private Funeral Home of W. James & Sons, Fonmon. Blanche's funeral will take place on Wednesday, 10th April, 2.15 pm at Coychurch Crematorium, Bridgend.

No flowers by request, donations if desired to Water Aid for Kenya c/o the funeral director.

WOODING
Trevor

Peacefully on 14th March, at home, Trevor of Mayfield Place, Llantrisant; beloved husband of Pamela, loving father of Nicola and partner David, Stephanie and son-in-law Paul. Much loved grandfather (Baa) to Joshua, Jacob, Jack and Luca and dear brother-in-law of Ieuan.

Trevor will be sadly missed by his family and many friends.

Funeral Tuesday, 2nd April, service at Bethania Presbyterian Church, Pendoylan at 1pm, followed by cremation at Coychurch Crematorium, Bridgend at 2.45pm.

Family flowers only, donations if so desired for Velindre Fundraising c/o W.H. Preene & Son, Mwyndy, Pontyclun, CF72 8PN. Tel 01443 223368.

HEMMING
Michael John Edward

Suddenly at home, aged 82 years. Devoted husband of the late Marian. Beloved father of Karen, Michael, Claire, Nick, Mariane and the late Richard. Adored grandad of 18 grandchildren and 7 great grandchildren.

Mike was much loved and will be sadly missed by all his family and friends.

Further details regarding funeral to follow.

HUMPHREY
Leonard Frank (Len)

Peacefully after a short illness, Len, much loved husband of Irene. Loving father of Amanda and Gareth. Devoted grampy.

Will be sadly missed by all family and friends

Funeral service at Coychurch crematorium on Friday, 5th April 2019 at 12 noon.

Family flowers only.

SAWYER
George Charles

Peacefully at the Princess of Wales Hospital, George passed away on 16th March, aged 90 years. Beloved husband of the late Muriel, cherished father of David and Lynne. Adored grandfather of Jonathan and Gemma and great grandfather to Rosie-May, Tomos and Osian.

He will be greatly missed by all his loving family *and friends*.

Resting at W.A. Brown Funeralcare, Llantwit Major until the service at 1.45pm on Thursday, 4th April at St Illtud's Church and afterwards to Coychurch Crematorium, Bridgend at 3.15pm.

Family flowers only. Donations in George's memory welcomed to Prostate Cancer UK, Fourth Floor, The Counting House, 53 Tooley Street, London, SE1 2QN.

AYRES
Brian

Brian passed away suddenly but peacefully at home on 9th March 2019. Adored husband of Shirley, much loved father of Ian, David and Tracey, Bamps to Tara, Dale and Ryan, great grandfather of Dylan, Ella, Morgan and Cohan and a loving brother in law to Margaret.

He will be greatly missed by all his family and friends.

Funeral service to be held on Monday, 1st April 2019 at Cardiff & Glamorgan Crematorium, Port Road East, Barry at 12 noon.

Family flowers only. Donations in lieu would be gratefully received to The British Heart Foundation c/o Green Willow Funerals.

All enquires to Green Willow Funerals, 21a Station Road, Dinas Powys, CF64 4DE. Tel: 029 2051 4627.

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God Bless Darling.
Your loving wife
Eileen xxx

*****

Happy 90th Birthday Dad.
No cards today only special memories
Hope you're having a heavenly party.
Love Gina, Richard, Nicola, Gareth and Luca xx

*****

No 90th Birthday cards today dear Dad,
but lots of great memories,
of the many great birthdays we celebrated
when you were here with us.
Love you always Mario, Amanda, Rhianne xxx

*****

Birthday hugs and kisses to the best
Dad and Bampy ever! Happy 90th Birthday in
heaven dear Dad and Bampy.
Forever in our hearts.
Love Carmen and Bethan xx

PAYNE
Leon Ashley

30th March 2014

With aching heart I whisper low, I miss you
son and love you so.
Love from your Mum xxx

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Public Notice

ELIZABETH TERESA MOTTON
(Maiden name: Hellyar)
(Deceased)

Pursuant to the Trustee Act 1925 any persons having a claim against or an interest in the Estate of the above named, late of 5 Ceiriog Close, Barry CF63 1RR, who died on 12/08/2018, are required to send written particulars thereof to the undersigned on or before 29/05/2019, after which date the Estate will be distributed having regard only to the claims and interests of which they have had notice.

Peter Vincent Hellyar, The London Gazette (8138), PO Box 3584, Norwich NR7 7WD.

TREVOR JOHN HONYCHURCH (Deceased)

Pursuant to the Trustee Act 1925 any persons having a claim against or an interest in the Estate of the aforementioned deceased, late of 3 Heol Pentre'r Felin Llantwit Major South Glamorgan CF61 2XS, who died on 07/08/2018, are required to send particulars thereof in writing to the undersigned on or before 31/05/2019, after which date the Estate will be distributed having regard only to claims and interests of which they have had notice.

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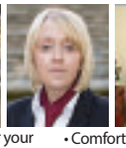

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Mother's Day In Memory

EDWARDS
Patricia Lillian

Mother's Day Memory

Thank You, Mother
Once upon a memory
Someone wiped away a tear
Held me close and loved me,
Thank you, Mother dear.

Love always, Tommy, Tina, Yvonne, Maria, Gerald & Tisha and all your grandchildren and great grandchildren xxx

BROWN
Cecilia Dilys
(née Cooper)

Thinking of you on this Mothering Sunday.

All our love Cecilia, Joanne, Lynne-Marie, all your grandchildren and great grandchildren xxx

Birthdays

Happy 80th Birthday

Margaret Evans (Joyce)

on 30th March

You're always very special and you should know today, that you are wished the nicest things, that life can bring your way, like warm and loving wishes, and happiness and cheer, and everything you need to start another happy year.

Love from Christine & Peter, Alwyn & Jane, Kirsti & Iain and Michael xxx

Reg Lyon
Happy 70th Birthday
on 29th March
Love Pat, Matthew & Marielle and grandson Owen xxxxx

Go to The GEM for the latest stories and breaking news... www.glamorgan-gem.co.uk

Barry Town United ready for TNS Welsh Cup semi-final test

HISTORY could be on the horizon this weekend, as Barry Town United attempt to reach a first JD Welsh Cup final since their treble-double season of 2002-03.

Standing in the way of Gavin Chesterfield's side will be six-time winners TNS, with the one-off, semi-final showdown at Newtown's neutral Latham Park marking the first-ever meeting of the teams at this stage.

The Town and the Saints have met twice in Welsh Cup quarter-finals, with Barry prevailing on each occasion, though their most memorable meeting came in the final of 1996, as the club then known as Llansantffraid FC edged past Paul and David Giles' championship-winning team in a dramatic penalty shoot-out, the last resort in separating the sides, after a thrilling 3-3 draw in Cardiff.

In 2001, Barry secured a measure of revenge, with second-half efforts from Jamie Moralee and Gary Lloyd sealing a 2-0 win over TNS at Wrexham's Racecourse ground, and with it, a fourth Welsh Cup in the history of the Jenner Park club.

However, TNS prevailed in the teams' most recent Welsh Cup meeting, coming from behind to win a fourth round tie 5-2 at Jenner Park in the 2015-16 season.

Both Barry goalscorers that day, Jordan Cotterill and Drew Fahiya, are expected to be part of Chesterfield's squad in Newtown this weekend, while the likes of Paul Morgan, Lewis Cosslett and Troy Greening were all involved when the club last appeared in a Welsh Cup semi-final, again at Latham Park, six years ago.

A place in the UEFA Europa League qualifying rounds awaits the tournament winners, with holders Connah's Quay tackling Cardiff Met in Sunday's second semi-final.

Barry's tie with TNS kicks off at 7.30pm this Saturday, with admission via the turnstiles on the night only £8 (adults), £4 (students/65+) and £2 (under 16s).

Supporters wishing to travel by return coach from Jenner Park are advised to contact Leon Ford on 07505 933 972 for departure timings and seat availability.

AC

Tynewydd FC 's comeback victory over champions

TYNEWYDD FC got the better of top-of-the-table Holton Road on Saturday, coming back to win 2-1.

Tynewydd were going into the game in decent form, having turned around a 2-0 half-time deficit against Cardiff Airport to grab a 2-2 draw late on and beating Cwm Tawlg 1-0 with a stunning Richard Yarr freekick ensuring all three points.

With Holton previously having the better of Tynewydd this season in a few tight games, Tynewydd came into the game determined to get a victory.

While both teams played some decent football in the first half they largely cancelled each other out, with few chances for either team. The noteworthy exception came when Callum Coleman saved a header from point blank range to keep it at 0-0 at the interval.

Holton snatched the lead midway through the second half when a defensive lapse allowed their striker to drill home from the six-yard box.

With a strong bench to call upon, Tynewydd made some attacking changes to refresh their attack and after a period of sustained pressure they managed to draw level when Craig Rattenbury cut in from the left-hand side and curled a shot into the top corner from 30 yards out.

The equaliser inspired the team to keep driving on and 10 minutes from time, Tynewydd took full use of the referee's advantage, playing on from a certain freekick, with some neat passing, finding Ollie Cooke just inside the 18 yard box.

He made no mistake, calmly slotting home to make it 2-1, and Tynewydd saw the final minutes out in a well-deserved result with the whole squad of 16 all playing their part for the victory against a strong Holton side.

Man of the match was highly contested between numerous players but Callum Coleman snatched the award, mainly for his stunning first half save.

Tynewydd have also recently debuted a new kit, having received sponsorship from insurance company Admiral, for which they are extremely grateful.

Squad: C.Coleman, G.Pycroft, J.Shepherd, S.Eveleigh, Ll.Union, E.Hicks, T.Case, R.Yarr, O.Cooke, L.Union (c), C.Rattenbury, J.Smith, J.Matthews, J.Clissett, C.Harding, P.Pydannah, L.Clarke, J.Brana, L.Peterson, J.Pearce, J.Jones, G.Union.

JC

Llantwit Major RFC's EGM is adjourned

A recent Extraordinary General Meeting at Llantwit Major RFC has been adjourned for further information to be gleaned for members' consideration before a vote can take place on whether to change from being an unincorporated club to a incorporated limited company.

Vice-chairman David Liscombe explained: "We had a constructive meeting where members questions and concerns were raised and subsequently a decision was made to adjourn the meeting for members to be provided with further information before considering the proposal."

The management of the club's position, he added, remains the same, in that a change of status is vital to protect members, particularly those running the club, together with the club's trustees, from being exposed to personal liability.

A further meeting will be announced when finalised.

Got a sports story, match report or item of interest? Then get in touch with us - email sport@glamorgan-gem.co.uk

Barry Town United players shine for Wales C in Salford

McLaggon (9), Green (6) and Hugh (3) started for Wales C in Salford, while McLaggon celebrates his goal (below right).

BARRY Town United's home-grown forward Kayne McLaggon was among the goals last Tuesday night, as Wales C earned a creditable 2-2 draw with England C in Salford.

McLaggon, who joined Barry team-mate Clayton Green and Chris Hugh in Mark Jones' starting XI, latched onto Green's well-worked set-piece to equalise on the half-hour, after Nathan Peate's own goal had handed the hosts a 24th-minute lead.

Paul Fairclough's England re-affirmed their advantage in the 53rd minute, as striker Kurt Willoughby of FC United of Manchester unleashed a low, long-range free-kick that eluded Wales' Caernarfon goalkeeper Alex Ramsay at his near post.

However, Wales hit back again through substitute Adam Roscroe, the Cardiff Met man running onto a deft ball over the top from Bala's Chris Venables, before firing a wicked effort into the top corner for the second and final equaliser.

A fourth Barry player, midfielder Robbie Patten, also had a taste of international action, replacing

Green in the 77th minute, as the Welsh held onto an eye-catching result against an England squad packed with professional talent.

Wales's first team manager Ryan Giggs was among a host of interested spectators at the Peninsula Stadium, as McLaggon righted the wrong of the injury setback that ruled him out of Wales' first C international match at Jenner Park a year ago.

The Vale of Glamorgan Football League round-up

IT was Barry Cup semi-final weekend, with Penarth Town and Cowbridge Town booking their places at Jenner Park for the Vale's football showpiece.

Penarth Town came through a local derby against Cogan Coronation winning 4-1, and Cowbridge Town saw off Cadoxton Barry 5-0. The final should be an excellent game and fine occasion.

In league action, AFC Rhoose kept the title race alive with a 6-1 thumping of St Athan. Rhoose stay second, 10 points off the leaders with two games in hand. Barry Athletic can seal the title with a win next week.

Island Marine edged out Sully Sports with a thrilling 4-3 victory. The result keeps Marine third, three points ahead of Cowbridge and one point behind Rhoose.

In Division One, Tynewydd maintained second place and their push for promotion with a fantastic 2-1 win over champions Holton Road. Cadoxton Imps are hot on their heels after a 5-2 triumph over SP Billy.

Imps stay three points behind Tynny with a game in hand, with the two sides meeting next week in a crunch fixture. Cardiff Airport continued their recent form with a 3-1 victory over Cwm Talwg.

Just the one game in Division Two, as Island Marine held leaders AFC Rhoose B to a 1-1 draw in a very impressive result. Marine B rise a place to sixth on goal difference while Rhoose B now take on Barry Vikings this week in a game that will go a long way in deciding who wins the title.

An entertaining Saturday in the bag, but this weekend is a super Saturday with several big games that will shape the outcome of the season.

HD

Ath youth earn tremendous victory

BRIDGEND Athletic RFC youth welcomed Gowerton to Newbridge Fields for what promised to be a closely-fought encounter.

The youth were able to field a strong squad which was bolstered by eight under-16s players all of whom played their part in, what turned out to be, a fantastic 43-19 win for the Athletic, outscoring the visitors by seven tries to three.

Great early Athletic pressure led to a try from Keegan Thomas who drive over from a ruck near the line, which was converted by Cameron Lewis.

Continuous pressure over the next 10 minutes saw Ben Owen race over from a lineout out wide out, but the conversion was narrowly missed.

The Athletic continued to dominate and a fantastic break by man of the match Dan Osergie saw him give a great offload to Cameron Lewis to fly over and convert his own try to give the Athletic a healthy 19-0 half-time lead.

Congratulations to Daniel on his call up for the Welsh Deaf Squad.

Despite multiple changes at half-time the Ath continued to believe in themselves and play fantastic rugby.

However, the Ath constantly gave away meaningless penalties which allowed Gowerton to stay in the game despite the Ath dominance. This resulted in two quick tries from Gowerton despite heroic defence from the Ath.

The Ath continued to try to play crowd pleasing rugby and great work by every single forward produced a stream of great front-foot possession.

This resulted in the Ath running in four more tries, two from Dan Osergie, and from Cam Lewis and another from Michael Gillette after a typical bulldozing run. Gowerton also added a third try.

A late Athletic substitution saw the biggest cheer of the day as Rhys Thomas took the field after a long layoff with knee problems.

AB

(Left to right): Rhys Griffiths, Josh Cook, Cameron Sinden and Harri Morgan.

YMCA Barry Gymnasts enjoy success at British Championships

YMCA Barry Gymnastics have had a fantastic competition season and the male gymnasts have performed brilliantly at the English and British Championships.

Josh Cook was invited to compete in the English Championships as a guest due to the British National coaches monitoring his progress. Josh had an excellent competition, competing on all six apparatus and finished in third position in the English guest category.

The following weekend was the annual British Championships, where Josh Cook and Cameron Sinden competed in the senior category, Harri Morgan in the under-18 competition and Rhys Griffiths in the under-16 classification.

Rhys Griffiths as YMCA Barry's youngest competitor at the British Championships had a difficult build up to the competition due to injury. However, with great determination, Rhys competed on three pieces of apparatus with brilliant results. Rhys was ninth on High Bar, narrowly missing out on the High Bar Finals and qualified in the top eight for the under 16 British Floor final.

Out of all the male gymnasts Rhys' age, he had the fifth highest score on Floor, a great result and excellent experience for the future.

In the under-18 category, Harri was against extremely tough competition. However, he held his nerve and performed with great skill, finishing in 24th place overall.

In the senior competition, Josh and Cameron competed with huge difficulty in their routines. Cameron in his first senior competition placed 18th overall and Josh, even with a couple of errors, placed 10th overall. Due to Josh's high bar score coming among the top eight gymnasts, Josh qualified for the High Bar Masters final. This is a huge achievement, as Britain is one of the best countries in the world at Men's Artistic Gymnastics; Josh and Cameron were competing against world class athletes.

During the High Bar final Josh competed phenomenally, held his nerve and performed hugely complex skills and received the second highest score of the championships. Josh is now the 2019 British Silver High Bar Medallist. Congratulations, Rhys, Harri, Cameron, Josh and their coach Pete Haysham for these fantastic results.

YMCA Barry Gymnastics clubs is the most successful club in the Vale of Glamorgan and caters for all levels of gymnastics from Gymbabies and Gymtots, gymnastics for boys and girls from beginners to international gymnasts. If you would like your child to try gymnastics call 01446 724000, email sophie@ymcabarry.org.uk or follow us on social media @ymcabarry.

Sully Dragons show off new kit

The Sully Dragons proudly wear their new kit.

SULLY Dragons under-8s football club has recently received a new playing kit, thanks to their sponsors Premier Properties Tenerife.

Sully FC has provided football for children in the community for more than 45 years and the under-8 level currently runs five teams made up from a squad containing over 35 boys and girls.

The under-8s' new kit was donated By Premier Properties Tenerife.

Paul Jones, head coach of Sully Dragons under-8s, said: "All of the players, coaches and parents at Sully Dragons are extremely grateful for Premier Properties' sponsorship of our club and would like to thank them for their generosity.

"The new kit allows our players to look the part for their weekly matches against our neighbouring clubs from across the Vale and also in the upcoming summer festivals across south Wales, including our own Sully Festival of Football which we are looking forward to on Saturday, June 8."

The Sully Sports Family Festival of Football on June 8 has places available for under-6 to under-11 boys teams and under-10 to under-12 girls teams. Entertainment will include inflatables, games, stalls, refreshments and a charity coaches' match.

Teams who would like to take part can email sullyfestival@gmail.com for further details and an entry form.

CH

Centurions cover up!

ON Saturday, April 6, Sully Centurions Cricket Club will take delivery of their new covers.

As many club members as possible are asked to assemble at the ground in Burnham Avenue in order to help with the assembly of the new covers and the dismantling of the old ones, which are to be taken away on the same day.

Also, the sight screens will need to be re-assembled, following the removal of two panels in order to make them safe for winter storage. Club members are asked to be there for 11am (the more who help, the less time it will take).

MF

Llantwit Major reserves denied after impressive performance

LLANTWIT Major reserves faced the students of Swansea University FC at Sketty Lane on Saturday as Llantwit looked to make amends for the previous defeat back in September.

Swansea started the game very bright and had a chance within the first minute, but fortunately the effort went just wide. Attack after attack resulted in the first goal of the game in the opening eight minutes to the home side, after a corner wasn't cleared in the six-yard box and eventually tapped in.

Eventually Llantwit got the equaliser on 25 minutes, Josh Morgan capitalising on a mix-up with a Swansea defender and the keeper to steal the ball and run towards an empty goal to tap in.

The reserves were rewarded again moments after equalising with brilliant build-up play as a Jennings switch from left to right saw right winger Chris Vinson dribble past his opposite number to cross to goal machine Josh Morgan to double his tally.

Despite Swansea creating many chances in the half, Llantwit went into the break 2-1 up with great credit going to the defence and keeper Sam Mawhinney who kept their team in the game.

The second half saw Llantwit strike first, Jennings' direct free kick hitting the post and going in from 20 yards out leaving the keeper with no chance, Llantiwt having 40 minutes to hang on to a two goal lead.

This proved to be a difficult task as it forced the home side to make two early substitutions and a change of system to attack the Major backline.

Swansea eventually got a quick-fire double with 15 minutes to go and then grabbed a controversial winner late on, which looked offside.

Llantwit reserves can be proud of the performance, however, and in particular of young players James Vickers, James Cook, Morgan Gore, Lewis Brown and Josh Morgan, who all gained valuable experience against a very good team.

Team: S Mawhinney, J Cook, M Gore, J Vickers, J Cutter, A Wrigley, C Vinson, G Jennings, J Morgan, L Brown, S Phillips. Substitutes: M Gingell, J Grahame, I Phillips, L Jennings, J Thomas.

JT

Bowls with an Australian twist in Rhoose

STARTING the season with competitive teams has prompted Rhoose Bowling Club to adopt a new bowling experience for their bowlers this year by running an 'Australian Pairs' league in the weeks leading up to the start of the season in April.

This Australian training method has not been tried, as far as we know, in this area and is proving very popular with the ten teams taking part.

After the first rounds of matches the team of Dave Kendall and Paul Williams are leading with Peter Barnett and Steve Brewer a close second but there is a long way to go yet.

This coming weekend, March 30/31 is open weekend at the club in Celtic Way and members of the public are welcome along to try the game for free. All that is needed is a pair of flat soled shoes and the club will provide everything else including coaching from their experienced team.

BS

Got a sports story, match report or item of interest? Then get in touch with us - email sport@glamorgan-gem.co.uk

On and off the turf with Brian Lee

CHARLIE Price who rides out for the Vale's Tim Vaughan landed the opening novice hurdle handicap at Chepstow last Thursday, March 21.

Riding 11-year-old *Flanagans Field* trained by Bargoed's Bernard Llewellyn, he won by two-and-a-half lengths from *Top Of The Rocks* and in a field of 14 was returned the 5-1 joint-favourite.

Later in the day, Llancarfan's Evan Williams' top-weighted five-year-old *Treasure Dillon* under Mitchell Bastyan won the Irish Thoroughbred Marketing Novices Hurdle by five lengths from *El Hager Rose*.

Treasure Dillon, which had been runner-up in three of his previous five races, was well fancied and went off the 15-8 favourite.

WINS FOR VALE RIDERS

JACK Tudor and Isabel Williams, both from the Vale, rode winners at the Brecon and Talybont Hunt Point-To-Point Steeplechases at Llanfrynach last Saturday.

Jack riding his godfather Philip Thomas' home-bred *Blazing Tom* took the opening confined race when coming home two lengths ahead of the pace-making *Midnight Folie* and Isabel won the three horse ladies' open race on her grandmother Mary Evans' 12-year-old former National Hunt performer *Hold Court* after the odds-on *PatrickTom Boru* had unseated Jodie Hughes at the third fence.

Tiger Rag ran out and refused to take any part in the race.

Isabel said: "I knew exactly what was going on and *Hold Court* is a wise old boy. He knows what it is all about and he really enjoyed himself."

Hold Court took six minutes and 44 seconds to complete the course compared to the five minutes and 51 seconds it took *Sir Du Bearn* to win the men's open under 21-year-old Trystan Hughes.

The French-bred *Sir Du Bearn*, a former useful National Hunt performer, at 13 was the oldest horse in the race and he was judged to have finished a neck in front of the favourite and pacemaking *Moral Hazard* with *Mister Dick* a further half-a-length away in third place.

Moral Hazard's rider Bradley Gibbs made nearly all to win the club members' race on *TheGirlFromMilan*, the restricted on *Highway Jewel* and the open maiden on *Premier Magic*. All three are trained by his father David, who was saddling his first ever three-timer.

BANGOR SUCCESS FOR VALE TRAINERS

VALE trainers Phil Dando and Tim Vaughan both saddled winners at Bangor last Saturday, March 23.

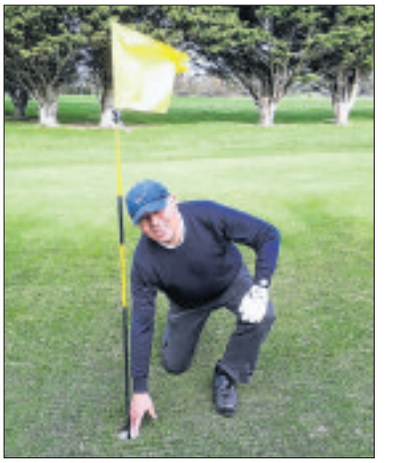
Peterston-super-Ely's Dando won the Broxton Gates Handicap Hurdle with his home-bred *Driftwood Haze,* which won by half-a-length from the bottom-weighted *Samson's Reach*, ridden by James Bowen, and around 40 or so minutes later Aberthin's Tim Vaughan took the Follow At The Races On Twitter Novices' Hurdle with the odds-on favourite *Copper Gone West* partnered by stable jockey Alan Johns.

Driftwood Haze, a 5-1 chance was ridden by Mitchell Bastyan.

There was further Welsh success in the Broxton Gates Handicap Chase when *Steel Native*, a 14-1 chance, got home by half-a-length from *Cadeau Du Bresil.*

The winner is trained by Pembrokeshire's Dai Rees and was ridden by Richard Patrick.

Bruce lands hole in one!



ON Tuesday, March 19, the first golf match of 2019 for Cottrell Park Seniors Golf Society took place against St Athan Seniors at their course in St Athan.

The fixture was a close-fought affair ending in an honourable draw, 4-4. The highlight of the day was a hole in one for immediate past captain Bruce Rankine who plays off a handicap of 11.

On the 15th hole he took his tee-shot with a nine-iron and watched in awe as his shot pitched over the front bunker and bounced straight into the hole. Not only did this shot win the hole, but also the individual match he and his partner Jon Brazier were in, 4 and 3.

Needless to say, Bruce honoured the tradition of buying a drink for all those involved in the match afterwards. Remarkably, after a lifetime of golfing this was Bruce's first hole in one.

JB

Seaview Lads search for fish

SPRING may be in the air, but clearly it hasn't reached the depths of the murky Bristol Channel yet.

It may be why so many members seem to have pitched camp in sunnier climes in far off places where the fish still live.

While some anglers are still landing nice fish outside the competitions (especially Jordan Clarke), the last match was disappointing by any standards.

This Sunday was a prime example. On a day when fish were reluctant to show, the humble Rockling saved red faces. A not-so-humble specimen Rockling of 1lb 2oz was landed by Roger Green and one of 15 ounces helped Ada Harris to his mighty winning weight of 1lb 15oz!

March is usually a good time to fish, so bags should start to get better in coming weeks.

Results for March 24: First, A Harris 1lb 15oz; second, A Saif 1lb 10oz; third, D Cook 1lb 7oz; fourth, R Green 1lb 2oz.

JC

Pencoed Phoenix in dominant form

ABOVE LEFT: Emily Hughes is caught up in the tackle, while ABOVE RIGHT: Leanne Burnell lines up a kick - ALL PICTURES BY JULIE HANCOCK.

RECENT matches between Senghenydd Ladies and Pencoed Phoenix have been closely fought affairs but on this occasion, and with respect to the home side, Phoenix fielded arguably their strongest squad of the season to date and ran out comprehensive winners, 62-14.

Early Phoenix scrum dominance saw several chances created, however, the opening quarter slipped by with the match remaining scoreless.

Phoenix outside half Leanne Burnell then took matters into her own hands, breaking out wide around the home defence before straightening up some 35 metres out to score at the posts before adding the conversion.

The pick and drive game of the Phoenix pack was now beginning to make inroads and following several strong carries from Sam Galea, Emily Hughes and Rachel Jones deep into the Senghenydd 22, sustained pressure saw scrum half Amy Stevens get the touchdown; Burnell converted.

Phoenix returned to the attack and a good driving run from second row Rhiannon Thomas almost took her over. Phoenix were not to be denied, and Burnell and centre Amy Morgan combined to bring blindside wing Zoe Reeves through midfield to get a remarkable touchdown, as if catapulted off the remaining defenders.

Another Burnell break took play back into the home 22 and supporting back row forward Galea drove over in textbook fashion to score wide out. Phoenix soon got a fifth try from Hughes, the No.8 driving over in determined manner and Phoenix led 0-29 at the interval.

With the luxury of such a lead, Phoenix made a host of half time changes and the replacements wasted no time in making an impact. Firstly, front row forward Isla Lewis powered her way some 20 metres to take play into the home 22, before fellow replacement Kelsey Purchall timed her run to perfection onto Burnell's pass to score half way out; Burnell converted.

Phoenix were now rampant and combined interplay from forwards and backs saw Hughes forcefully get her second try. To their credit. the Sirens hit back with a well-deserved try from Liane Fletcher with Sarah Harper adding a fine conversion from wide out.

Then came the try of the match, Purchall collecting a kick some 70 metres out before setting off on a counter attacking run which saw her beat several home defenders to race over for a superb try with Burnell converting.

The changes made did not detract from the Phoenix forward effort and the pack laid the foundations for the next score with Galea, Stevens, and Burnell handling swiftly to put Nat O'Shea in possession and O'Shea, now switched from hooker to centre, needed no second invitation to storm over with Burnell adding the extras.

The Sirens then added their second try from right wing Stephanie Rees showing good pace to score at the posts; Harper converting.

Phoenix were to have the final say, however, with Burnell capitalising on a loose home pass to score at the posts before adding the conversion for a final match scoreline of 14-62.

Sam Galea was chosen as best Phoenix forward with Amy Morgan playing in the unfamiliar role of centre as best Phoenix back. For Senghenydd, Liane Fletcher and Sarah Harper were chosen as best forward and back respectively.

Phoenix now eagerly await the draw for the semi-final of the competition.

TR

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17 17 HYUNDAI SANTA FE 2.2 CRD BlueDrive Premium 5dr 4WD (7-Seater), Hyundai warranty Feb 2022, sat nav, reverse camera, 15k, choice, full leather....£20495

16 16 HYUNDAI TUCSON 2.0 CRDI Premium SE 5dr 4WD Automatic, Hyundai warranty May 2021, sat nav, pan roof, 16k, black....£19495

16 66 HYUNDAI TUCSON 2.0 CRD Premium 4WD 5dr Automatic, Hyundai warranty Dec 2019, sat nav, reverse camera, 19"alloys, 18k, grey, full leather....£18995

16 66 INFINITI QX30 2.2 D Premium Tech 5dr DCT Automatic, Infiniti warranty Dec 2019, sat nav, reverse camera, 21k, grey, full leather £18995

17 17 JAGUAR F-PACE 2.0 D Prestige 5dr Automatic AWD, Jaguar warranty April 2020, sat nav, 24k, blue, full leather....£27995

15 65 JEEP CHEROKEE 2.2 MultiJet 200 Limited 5dr Automatic, sat nav, reverse camera, 25k, white, full leather....£17495

16 65 JEEP CHEROKEE 2.0 MultiJet Limited 5dr 4WD, sat nav, cruise, 22k, black, full leather....£16495

16 16 JEEP CHEROKEE 2.2 MultiJet II Night Eagle 5dr Automatic AWD, sat nav, cruise, 27k, black, full leather....£17995

17 67 JEEP CHEROKEE 2.2 MultiJet 200 Limited 5dr 4WD Automatic, Jeep warranty Oct 2020, sat nav, reverse camera, privacy glass, 12k, black, full leather....£22495

14 64 JEEP GRAND CHEROKEE 3.0 CRD Limited 5dr 4WD Automatic, reverse camera, dab, grey, full leather....£18495

16 16 JEEP RENEGADE 2.0 M-Jet II Longitude 5dr 4WD, Jeep warranty Sept 2019, sat nav, pan roof, 17"alloys, met blue, 22k....£12995

15 65 KIA SORENTO 2.2 CRD KX3 5dr Automatic AWD (7-Seater), Kia warranty Dec 2022, pan roof, reverse camera, 21k, white, full leather....£21995

18 68 KIA SORENTO 2.2 CRDI GT-Line S 5dr Automatic (7-Seater), Kia warranty Sept 2025, pan roof, sat nav, reverse camera, only 527 miles, grey, full leather....£32995

16 16 KIA SPORTAGE 1.6 T GDI GT-Line AWD 5dr, Kia warranty Aug 2023, sat nav, 19"alloys, full leather, 20k, white....£16495

16 66 KIA SPORTAGE 1.6 T-GDI GT-Line 5dr Automatic AWD, Kia warranty Sept 2023, sat nav, reverse camera, heated seats, 24k, black, full leather....£18495

16 16 KIA SPORTAGE 2.0 CRDI KX-4 AWD 5dr, pan roof, sat nav, cruise, reverse camera, 23k, choice, full leather....£18495

16 66 KIA SPORTAGE 2.0 CRD GT-Line 5dr 4WD, sat nav, 19" alloys, reverse camera, heated seats, 16k, black with full leather....£16995

16 66 KIA SPORTAGE 2.0 CRDI First Edition 5dr AWD Automatic, Kia warranty Oct 2023, pan roof, sat nav, 19"alloys, reverse camera, 24k, white, full leather....£20995

15 65 LAND ROVER RANGEROVER EVOQUE 2.0 TD4 HSE Dynamic 5dr, sat nav, reverse camera, 20"alloys, 20k, red, full leather....£25995

15 65 MAZDA CX-3 2.0 Sport Nav 5dr 4WD, sat nav, reverse camera, bose, 26k, black, full leather....£14995

17 17 MERCEDES GLC250 D AMG Line 4Matic 5dr 9G-Tronic Automatic, Mercedes warranty April 2020, sat nav, reverse camera, grey, full leather....£29495

16 16 NISSAN QASHQAI 1.6 DCI N-Connecta 5dr 4WD, Nissan warranty April 2019, sat nav, reverse camera, heated seats, 16k, black....£14295

17 67 SEAT ATECA 2.0 TDI Xcellence 5dr DSG Automatic 4Drive, Seat warranty Dec 2020, sat nav, reverse camera, 21k, orange, full leather....£21495

17 66 VW GOLF 2.0 TSI R 5dr 4WD, VW warranty Feb 2020, sat nav, cruise, Bluetooth, heated seats, 19k, red....£21995

16 66 VW GOLF 2.0 TSI R 5dr DSG Automatic 4WD, VW warranty Nov 2019, sat nav, heated seats, 21k, choice....£21995

16 66 VW TOUAREG 3.0 TDI V6 BluemotionTech 262 R-Line 5dr Automatic 4WD, VW warranty Dec 2019, sat nav, pan roof, 18k, white, full leather....£25995

16 16 VOLVO XC60 2.4 D5 220 SE 5dr Automatic 4WD, sat nav, privacy glass, white, half-leather....£19995

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17 17 AUDI Q2 1.6 TDI S-Line 5dr, Audi warranty April 2020, sat nav, cruise, Bluetooth, 17k, white, half-leather **£20995**

15 15 AUDI Q3 2.0 TDI SE 5dr, LED headlight pack, Privacy glass, 17"Alloys, 25k, blue **£15995**

14 64 BMW 116 D M Sport 3dr, 18"alloys, cruise, Bluetooth, dab, 29k, blue **£11995**

15 65 BMW 116 D Sport 5dr, sat nav, privacy glass, comfort pack, 17"alloys, 24k, choice **£11295**

15 64 BMW M135i 3.0 M Sports 5dr automatic, sat nav, Bluetooth, 34k, orange, full oyster leather **£16995**

14 14 BMW M235 3.0 I 2dr Automatic, pro sat nav, Harman kardon, red, full leather **£16495**

16 66 BMW 320 D M Sport GT 5dr, BMW warranty Dec 2019, pro sat nav, heated seats, cruise, silver, full leather **£15495**

16 16 BMW 420 D 190 M Sport 2dr Automatic (190bhp), sat nav, heated seats, grey, full leather **£16795**

16 66 BMW 420 D M Sport Gran Coupe 5dr, BMW warranty Dec 2019, sat nav, heated seats, black, full leather **£19495**

16 66 BMW 430 D M Sport Gran Coupe Automatic, BMW warranty Sept 2019, pro sat nav, reverse camera, 19"alloys, black, full leather **£19995**

16 16 BMW 430 D M Sport 2dr Automatic, M sport + pack, body kit, sat nav, reverse camera, individual san marino blue, full leather **£26495**

16 16 BMW 430i M Sport 2dr Automatic, M sport plus pack, 19" alloys, Harman Kardon, wide screen sat nav, met grey, full leather **£20995**

17 17 BMW 430 I M Sport Convertible Automatic, BMW warranty June 2020, 19"alloys, sat nav, Harman kardon, 2k, individual rose quartz, full individual leather **£29995**

15 65 BMW 520 DM Sport 4dr Automatic, sat nav, 18"alloys, heated seats, choice, full leather **£14495**

18 18 BMW 520 I M Sport 4dr Automatic, BMW warranty July 2021, sat nav, xenons, cruise, 15k, white, full leather **£26495**

18 18 BMW 530 E M Sport 4dr Automatic, BMW warranty June 2021, sat nav, 19"alloys, dab, 10k, blue, full leather **£31495**

14 14 BMW 640 DM Sport 2dr Automatic, sunroof, sat nav, head up display, soft close doors, 43k, carbon black, full ivory white leather **£19995**

15 65 BMW 640 DSE Gran Coupe 4dr Automatic, sat nav, 20"alloys, privacy glass, black, full leather **19995**

16 66 BMW 640 3.0 D M Sport Gran Coupe 4dr Automatic, BMW warranty Nov 2019, 20"alloys, sat nav, privacy glass, choice, full leather, 9k, from **£23995**

16 65 CITROEN C4 CACTUS 1.2 Pure Tech (82) Feel 5dr, cruise, Bluetooth, 29k, white **£7995**

16 66 DS DS3 1.6 BlueHDI Chic 3dr, DS warranty Dec 2019, air-con, cruise, Bluetooth, white **£7495**

16 16 FIAT 500 1.2 Pop Star 3dr, air-con, alloys, aux, usb, 19k, black **£6295**

18 67 FIAT 500 1.2 Lounge 3dr, Fiat warranty Feb 2021, pan roof, cruise, Bluetooth, pdc, 9k, blue **£8495**

17 66 FORD FIESTA 1.0 EcoBoost 140 ST-Line 3dr, Ford warranty Feb 2020, sat nav, cruise, 11k, choice **£9795**

18 67 FORD FIESTA 1.0 EcoBoost ST-Line 3dr (New Model), Ford warranty February 2021, sat nav, 17"Alloys, Bluetooth, 9k, black **£11995**

16 65 FORD FIESTA 1.6 EcoBoost ST-3 3dr (180bhp), sat nav, heated seats, xenons, 14k, white, half-leather **£11795**

16 66 FORD FIESTA 1.5 TDCI Titanium 5dr, cruise, Bluetooth, dab, aux, usb, 20k **£8795**

16 66 FORD FOCUS 1.5 TDCI Titanium X Estate, Ford warranty Nov 2019, sat nav, 17"alloys, 29k, black, half-leather **£12495**

17 17 FORD FOCUS 1.5 EcoBoost ST-Line 5dr (150bhp), Ford warranty July 2020, sat nav, Bluetooth, dab, 14k, grey **£13295**

15 65 FORD FOCUS 2.0 TDCI 185 ST-3 Navigation 5dr, sat nav, heated seats, blue, full leather **£12495**

16 65 FORD GRAND C-MAX 2.0 TDCI Titanium X Navigation 5dr (7-Seater), pan roof, sat nav, reverse camera, 6k, blue **£15995**

16 66 FORD KUGA 1.5 T EcoBoost ST-Line 5dr, Ford warranty Jan 2020, sat nav, cruise, Bluetooth, 23k, white, half-leather **£16495**

15 15 FORD MONDEO 2.0 TDCI Econetic Titanium 5dr, sat nav, cruise, dab, aux, choice **£8295**

16 16 FORD MONDEO 2.0 TDCI Zetec Estate Automatic, sat nav, cruise, grey **£11495**

17 17 HONDA CIVIC 1.5 VTEC Sport 5dr (180bhp), Honda warranty April 2020, sat nav, reverse camera, privacy glass, 23k, blue **£15495**

15 65 HYUNDAI TUCSON 1.7 CRDI BlueDrive SE Nav 5dr, Hyundai warranty until Jan 2021, sat nav, reverse camera, heated seats, 27k, choice **£12995**

18 68 HYUNDAI TUCSON 1.7 CRDI BlueDrive Go SE 5dr, Hyundai warranty Oct 2023, sat nav, reverse camera, 3k, white **£19295**

16 66 JAGUAR XF 2.0 D (180) R-Sport 4dr Automatic, Jaguar warranty Nov 2019, sat nav, 18"alloys, heated seats, choice, full leather **£18495**

17 17 JAGUAR XF 2.0 D 180 Portfolio 4dr Automatic, Jaguar warranty March 2020, sat nav, reverse camera, 10k, white, full leather **£20795**

16 66 KIA OPTIMA 1.7 CRDI 2 4dr, Kia warranty Oct 2023, sat nav, reverse camera, 10k, silver **£12495**

17 67 KIA OPTIMA 1.7 CRDI ISG 2 Estate, sat nav, cruise, reverse camera, choice **£12495**

15 65 KIA SPORTAGE 1.7 CRDI 2 ISG 5dr, Kia warranty Dec 2022, pan roof, cruise, 11k, choice, half-leather **£12795**

17 67 KIA SPORTAGE 1.7 CRDI 3 ISG 5dr, Kia warranty Sept 2024, pan roof, sat nav, 19"alloys, reverse camera, 19k, blue, full leather **£18495**

15 65 LAND ROVER RANGE ROVER EVOQUE 2.0 ED4 SE 5dr, contrast roof, privacy glass, white, full leather **£20995**

15 65 LEXUS CT200H 1.8 Advance Plus 5dr Automatic, sat nav, glass sunroof, 23k, white, half-leather **£15495**

16 16 MAZDA CX-5 2.2 D Sport 5dr, sat nav, reverse camera, black, full leather **£10995**

15 65 MERCEDES A180 1.5 CDI Sport 5dr Automatic, sat nav, Bluetooth, cruise, 35k, silver **£13795**

13 13 MERCEDES C220 CDI Blueefficiency Executive SE 2dr Coupe 7G-Tronic Automatic, silver, full leather **£8995**

14 64 MERCEDES C220 BlueTec Sport Premium Estate 7G Tronic, premium pack, pan roof, reverse camera, sat nav, white, full leather **£15995**

18 67 MERCEDES C300H AMG Line Hybrid 4dr Automatic, Mercedes warranty Feb 2021, sat nav, reverse camera, silver, 6k, full leather **£24995**

15 65 MERCEDES CLA200 D Sport 4dr Automatic, sat nav, privacy glass, 33k, grey, half-leather **£17495**

16 66 MERCEDES CLA200 D AMFG Line Coupe Automatic, Mercedes warranty Dec 2019, sat nav, cruise, 30k, white, half-leather **£19995**

17 67 MERCEDES E220 D AMG Line 2dr 9G-Tronic, Mercedes warranty Nov 2020, sat nav, 19"alloys, reverse camera, 7k, white, half-leather **£28995**

15 65 NISSAN JUKE 1.6 DIG-T Tekna 5dr (187bhp), sat nav, reverse camera, white, full leather **£9495**

16 16 NISSAN JUKE 1.5 DCI Acenta Premium 5dr, sat nav, reverse camera, 25k, white **£9995**

15 65 NISSAN QASHQAI 1.5 DCI N-Tec + 5dr, sat nav, pan roof, reverse camera, cruise, 10k, choice **£12995**

15 65 NISSAN QASHQAI 1.5 DCI Tekna 5dr, sat nav, pan roof, reverse camera, 29k, blue, full leather **£13295**

15 15 NISSAN X-TRAIL 1.6 DCI Acenta 5dr, pan roof, cruise, privacy glass, grey **£11995**

16 66 NISSAN X-TRAIL 1.6 DCI Acenta 5dr X-Tronic 7-Seater, Nissan warranty Oct 2019, pan roof, cruise, 23k, black **£15995**

17 67 RENAULT CAPTUR 0.9 TCE Energy Expression + 5dr, Renault warranty Nov 2021, Bluetooth, cruise, 6k, black **£10495**

17 67 RENAULT CAPTUR 1.5 DCI Dynaique 90 S Nav 5dr, Renault warranty Oct 2021, sat nav, cruise, pdc, Bluetooth, 10k, grey **£11995**

16 65 RENAULT KADJAR 1.5 DCI Dynamique S 5dr, Renault warranty Feb 2020, sat nav, 19"alloys, cruise, 30k, blue **£11995**

17 67 SEAT ALHAMBRA 2.0 TDI CR Ecomotive SE (150) 5dr (7-Seater), Seat warranty Dec 2020, cruise, Bluetooth, choice from **£17495**

17 67 SEAT LEON 1.4 TSI 125 FR Technology 5dr, Seat warranty Oct 2020, sat nav, cruise, Bluetooth, 8k, choice from **£12795**

18 67 SEAT LEON 1.4 EcoTsi FR Technology Estate DSG Automatic, Seat warranty until Feb 2021, sat nav, cruise, met grey **£13495**

16 16 SEAT LEON 2.0 TSI Cupra 3dr (290bhp), Seat warranty August 2019, sat nav, heated seats, 19"alloys, 15k, red, full leather **£16495**

17 67 SKODA KODIAQ 1.4 TSI Editon 150 5dr DSG Automatic (7-Seater), Skoda warranty Nov 2020, pan roof, sat nav, heated seats, 8k, brown, full leather **£24995**

16 66 SKODA OCTAVIA 2.0 TDI SE-L 5dr, Skoda warranty Dec 2019, sat nav, Bluetooth, dab, black **£11495**

16 16 SKODA SUPERB 2.0 TDI SE Business Estate, sat nav, 17"alloys, black, half-leather **£12495**

15 64 VAUXHALL ADAM 1.4 I (100) Slam 3dr, 18"black alloys, air-con, 43k, black **£6495**

17 67 VAUXHALL ASTRA 1.6 CDTI Elite 5dr, Vauxhall warranty Oct 2020, sat nav, Bluetooth, 20k, silver, full leather **£11495**

15 65 VAUXHALL CORSA 1.2 Sting 5dr, cruise, electric windows, 24k, red **£5995**

16 16 VAUXHALL CORSA 1.3 CDTI EcoFlex Design 5dr, cruise, air-con, grey **£5995**

15 15 VAUXHALL CORSA 1.4 T (100bhp) Limited Edition 3dr, cruise, 17"black alloys, 42k, red **£6295**

16 66 VAUXHALL INSIGNIA 2.0 CDTI 170 SRI VX-Line 5dr Automatic, Vauxhall warranty Oct 2019, 19"alloys, sat nav, cruise, 22k, black **£12495**

16 16 VAUXHALL MOKKA 1.6 Exclusive 5dr, 18"alloys, cruise, Bluetooth, choice **£8295**

16 66 VW POLO 1.4 TSI ACT Blue GT 3dr, VW warranty Dec 2019, electric glass sunroof, Bluetooth, cruise, choice **£11495**

15 15 VW SCIROCCO 2.0 TDI 184 Bluemotion Tech R –Line 3dr DSG Automatic, sat nav, 19"alloys, 38k, silver, full leather **£14795**

16 66 VW TIGUAN 2.0 TDI BMT 150 SE Nav 5dr DSG Automatic, VW warranty Oct 2019, sat nav, 18"alloys, 23k, black **£20495**

17 67 VOLVO V40 2.0 T3 (152) R-Design Pro 5dr, Volvo warranty Oct 2020, sat nav, 18"alloys, 18k, choice **£14495**

16 16 VOLVO V60 2.0 D3 (150) R-Design Estate, cruise, aux, usb, red, half-leather **£12495**

18 18 VAUXHALL CORSA 1.4 T White Edition (150) 3dr, Vauxhall warranty July 2021, air-con, cruise, white **£11295**

16 65 FORD FOCUS 1.5 TDCI Zetec S 5dr, sat nav, Bluetooth, aux, usb, blue **£9995**

12 62 BMW 118 D Exclusive Edition 2dr Coupe, Bluetooth, USB, 59k, grey, full leather **£8495**

16 16 DS DS3 1.2 Puretech Elegance 3dr, ds warranty until June 2019, cruise, dab, 17"black alloys, 17k, yellow **£8995**

12 12 LAND ROVER RANGE ROVER EVOQUE 2.2 ED4 Pure 5dr, tech pack – sat nav, cruise, heated seats, white, full **£15495**

17 17 RENAULT KADJAR 1.5 DCI Dynamique S Nav 5dr Automatic, Renault warranty March 2021, sat nav, 19"alloys, cruise, 15k, grey, half-leather **£14795**

17 67 KIA STONIC 1.0 T GDI First Edition 5dr, Kia warranty Dec 2020, sat nav, cruise, reverse camera, 9k, red **£14495**

18 68 DACIA SANDERO STEPWAY 0.9 TCE Comfort 5dr, Dacia warranty Nov 2021, sat nav, air-con, 6k, white **£9995**

17 17 AUDI A6 2.0 TDI Ultra Black Edition 4dr S-Tronic, Audi warranty June 2020, sat nav, BOSE, 25k, white, full **£22995**

15 65 BMW 320 D BluePerformance Plus 4dr Automatic, sat nav, sport seats, black, full leather **£13995**

16 16 HYUNDAI i30 1.6 CRD SE 5dr, Hyundai warranty March 2021, air-con, cruise, Bluetooth, red **£8795**

15 15 FIAT 500 1.2 Lounge 3dr, pan roof, air-con, 19k, choice **£5995**

15 15 FIAT 500C 1.2 S 2dr Convertible, sat nav, 16k, yellow, half-leather **£6995**

17 17 MAZDA CX-5 2.2 D Sport Nav 5dr, Mazda warranty April 2020, sat nav, BOSE, cruise, 21k, grey, full leather **£17995**

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Cottrell Park ladies welcome new captain

THIRTY-TWO Cottrell Park ladies played a nine-hole shotgun start, Stableford competition on the Mackintosh course on Thursday , March 21, following the new ladies captain Tina Morgan's drive-in.

It was a nice drive, Judith Jessop's flag was the nearest guess as to where the ball would land.

A lovely lunch was enjoyed by all, with a present for each lady from Tina. The beautiful table decorations were provided by Angela Padfield, and one lady on each table won the decoration to take home.

The prizes were presented by the new ladies captain. The winners were Sandra Collin, Angela Padfield and Judith Jessop with 40.85 points and second were Rose Dawson, Nan Thomas and Marcia Malia with 41.65. Nearest the pin was Lorraine Pointon-Bell.

Tina thanked everyone for attending, she enjoyed the day and was looking forward to the year ahead and would do her best with the support of the committee and lady members.

Jeannette Williams, past captain, presented Lorraine Pointon-Bell, outgoing captain, with a present as a thank you for all her hard work during the last 15 months.

CB

Golfers return to action

AFTER the previous week's wash out, St. Mary's Golf Club's senior section were pleased to return to the fairways for a stroke play competition.

After an overcast start, the weather brightened considerably and, with the long delayed appearance of the sun, a good number of the 23 starters finished their rounds in shirt sleeves.

The course remained rather wet, however, and with the going particularly heavy on holes 11 and 12, the members elected to miss them out.

Despite the lack of run on the ball, some excellent scores were posted, well below the nominal par of 59 for the 16 holes played.

Section chairman Gordon Martin maintained his average by carding the only two of the day and nabbed third place with a round of net 55.

Ray Stacey finished one shot better on net 54 for second, but new member, Alun Powell, claimed the victory with a remarkable eight under par net 51.

It was back to a rainy start for their second competition of the week and the 20 members who braved the wet conditions opted for a team Texas Scramble over a reduced course of 12 holes.

Low scoring is to be expected in this format, and the five teams of four players certainly did not disappoint.

Closing out their round with three consecutive birdies proved decisive as the team of Trevor Evans, Gordon Campbell, George Parry and, gaining his second podium of the week, Gordon Martin, snatched the victory by three shots.

NL

Cottrell Park bucks the trend

ADVERTORIAL

WITH the new season dawning and the Masters just around the corner, Cottrell Park continues year on year with major investments to golf!

Works just completing on the Button Gwinnett Golf Course sees a new lake on the 15th hole, not only adding a great challenge off the tee but also a million gallons of water, making the courses totally self-sufficient for irrigation. The last 12 years have seen significant changes to the Button Course which now makes this a course becoming more popular in demand.

Alongside improvement works being carried out on the Course, our membership continues to diversify. Gareth Bennett one of our two resident PGA Golf Professionals continues to be innovative with his 'New to Golf' membership scheme. This is open to both ladies and men who have never played the game.

They come on board with on-course lessons and one ready to do so they take up a special taster membership for their first three years, allowing them to gradually build up to full membership.

Over the last couple of years Gareth has also been developing the club's junior section through hosting weekly lessons on a Wednesday and Friday for a variety of age categories. They have recently developed a new branding for themselves called 'Cottrell Cobras', which will feature on their club tops.

Our junior membership continues to grow, thanks to Gareth's initiatives and the fantastic opportunities presented to them through their membership, lessons and competitions. They are the future of golf!

At Cottrell Park we pride ourselves on listening to our members and customers requirements and therefore offer an extensive range of membership categories to suit all needs, from the social golfer to the competitive.

This year we have added a new category to our membership in the form of Play More Golf, which is a partnership with an external national company allowing us to offer a more flexible membership type. For more information please visit the Play More Golf website.

Under our new 2019 Committees we have seen a change and modernisation of competitions with us now offering an extensive range throughout the week and on both days of the weekend.

One of the great benefits of housing two golf courses is that those who do not wish to play in the competition can simply play on the other course!

So as said, the new season is about to start, and we are so pleased to have come through winter after once again playing full greens, tees and fairways with the courses only being closed three days during those months!

We are looking forward to what the new season may bring and an exciting year ahead for Cottrell Park, its members and visitors - the resort extends a warm welcome to you all!

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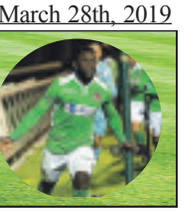

Rusty Cowbridge show will to win in tough encounter

AFTER a five week gap, and a superb Six Nations by Wales, Cowbridge first XV were back in league action away to CR Cymry Caerdydd at Pontcanna Fields.

Yet again Clwb Rygby belied their position towards the bottom end of the table with a strong showing demonstrating there are no easy games in this league.

Early pressure by Cowbridge put Clwb on the back foot but they defended well and their scrum proved a handful for the Cowbridge front row of Dai Breed, Craig Boxall and the returning Jon Bater.

Clwb were first on the scoreboard as their outside half put over a penalty but three minutes later, after a take in the lineout by second row and captain Ross Gibbon, the ball moved infield and No 8 James Bennett took a great line to drive up field. Prop Bater took it on to within five metres of the Clwb try line.

On 29 minutes Clwb had another penalty for offside that fortunately went wide, but on 33 minutes Cowbridge moved the ball through the hands, recycled possession when play broke down and centre Tom James crashed over to the right of the posts. Full back Josh Thomas put over the conversion.

Coming up to half-time outside half Gareth Williams Davies kicked a penalty into touch deep in Clwb territory. With Cowbridge in Clwb's half their hooker was shown a yellow for illegal play but the penalty by Thomas went wide, making the half-time score 3-7.

Into the second half, and a swap saw Tom James move to scrum half and Hywel Williams to centre. Minutes in and a great attack set up by Williams-Davies moved onto Dan Holder who was held up on the line, but Clwb had infringed and Josh Thomas put over the penalty.

A great scrum by Cowbridge pushed Clwb back and though Clwb's scrum remained strong they didn't dominate as in the first half. An attack up the right following a Hywel Williams break was then taken on by Bennett in support to score. Thomas added the extras to make it 3-17.

Cowbridge then lost Holder for 10 minutes when the referee ruled that in defending a lineout drive he had not come through the gate. The penalty looked harsh and from the resulting scrum Clwb moved the ball to the right and their winger dived over for an unconverted try.

On 29 minutes Clwb's outside half put over a good penalty from 35 metres to close the gap to 11-17.

Taking a penalty kick to touch Gibbon took another great lineout take but the drive was held up over the line. Clwb from a penalty took the lineout but as they drove forward superb work by Holder manged to snaffle it back on Cowbridge side. Will Williams came on for wing Zac Summerhayes.

Coming towards full time, from a scrum Cowbridge put the ball through hands and Hywel Williams popped it to Gibbon to drive over for a much-needed try.

Playing in injury time Cowbridge had the last word with a try through many hands started by wing Rhydian Williams onto Bennett, centre Sam Stephens, hooker Boxall and Gibbon before Bennett crashed through for his second try, earning Cowbridge a crucial bonus point.

Although the team was rusty after such a long lay-off there were some very good individual performances – Ross Gibbon was imperious in the lineout and Boxall's throwing in excellent.

No 8 James Bennett has been in great form since coming back from injury and flanker Tom Evans added driving play to his usual tackling and Dan Holder was in the middle of everything.

Gareth Williams-Davies mixed things up well behind, well-served by Hywel Williams and in the second half by Tom James, while Sam Stephens had some strong runs at centre.

This week the first XV entertain Tylorstown at home and the following week play them away. All support is much needed and welcomed.

RK/RV

Cowbridge youth turn on the style

A DEPLETED Cowbridge RFC youth team produced a stunning performance on Saturday to beat their local rivals Pontypridd youth 27-16.

With many forwards unavailable, the coaches asked a number of boys to play out of position. Ben Jones moved from the back row to second row, Jack Dixon moved from wing to open side flanker and Dan Stancombe moved from inside centre to blind-side.

As the boys struggled to get to grips with their makeshift team, Ponty took advantage with three quick penalty kicks, to give the away team a comfortable 9-0 lead after the first 20 minutes. Cowbridge were living off scraps of possession while the well drilled Ponty team kept the ball for long periods of time.

In one of the few phases of play in the Ponty half Cowbridge scored the game's first try. Ponty won their own line out on their own 10 metre line. The Ponty backline move broke down in midfield, Evan Thomas, playing at 10, made a great turnover and fed Jack Dixon, who was first to the breakdown.

Dixon chipped the ball over the upcoming Ponty defensive line and regathered his own kick. He then outpaced the cover tackle to score a brilliant solo try. Will O'Connor converted to make it 7-9.

This opening try seemed to surprise the Pontypridd team, and from the kick-off the Pontypridd outside half failed to kick the required 10 metres. Cowbridge opted for the scrum on the halfway line.

From the scrum Evan Thomas put a deft chip over the Ponty defence. The Ponty inside centre managed to get a hand to the ball, only for the charge down to land in the hands of Ed Thomas, the Cowbridge inside centre.

Thomas showed great pace to score Cowbridge's second try in as many minutes, which Will O'Connor converted, to make it 14-9.

Cowbridge were now on top and playing some great rugby. The makeshift team began to believe they could not only compete but beat their local rivals.

As the first half entered its final stages, it was Cowbridge who were applying the pressure on the Pontypridd line. Time after time, the boys recycled the ball, battering their way towards the Ponty line.

After 15 phases of play, the referee awarded Cowbridge a penalty under the posts when a Pontypridd defender did not roll away from the tackle area. Will O'Connor converted the penalty to make the half-time score Cowbridge 17, Pontypridd 9.

Cowbridge scored their third and what turned out to be their last try of the game straight from the start of the second half.

Jared Williams gathered the kick-off and was tackled in the air resulting in a penalty to Cowbridge. From the line out Cowbridge moved the ball, first to the left hand side of the pitch, then back to the right, then back to left.

Jake Thomas, playing at inside centre, then made a burst through the middle of the Ponty defence. Jake fed Ed Thomas who was in the clear. Ed had Jack Dixon on his inside and Angus James on his outside, with only the Pontypridd full back to beat.

Ed dummied the full back to score his second try of the game unopposed, which Will O'Connor converted, to make it Cowbridge 24, Pontypridd 9.

Cowbridge were now playing some controlled rugby, keeping the Pontypridd team camped inside their own half.

After a number of penalties inside the Ponty 22, the referee showed the Ponty number 8 a yellow card for his team's persistent infringement. Will O'Connor took the opportunity to score the three points, taking his personal points tally to 12, and the score to 27-9.

Pontypridd did not let their heads drop and forced Cowbridge into their own 22. The boys dug deep and produced a remarkable defensive effort for 10 minutes.

Finally the Pontypridd backs forced a pass which the referee called forward. From the scrum five metres from their own line, Cowbridge called a brave backs move.

Will O'Connor fed Evan Thomas who passed the ball back inside to Jake Thomas arriving at pace. Jake surprised the Ponty back row and burst through their first line of defence. Jake then outpaced the Pontypridd covering winger and made it all the way to the Pontypridd 10 metre line, before the referee awarded Cowbridge another penalty.

This time O'Connor hit the post with his attempt but Dixon caught the rebound and headed for the line. It was only a scrambled defence that stopped Dixon scoring.

As the game entered its final stages and with Cowbridge beginning to tire, Pontypridd scored their try. Ponty went through a number of phases using their bigger pack to good effect. Finally they crashed over close to the posts, the final score Cowbridge youth 27, Pontypridd youth 16.

A brilliant team performance from all involved, a big thank you to the boys who played out of position to ensure the game went ahead. Well done all.

GJ

Late equaliser frustrates Llantwit Major AFC against Pontypridd Town

LLANTWIT Major AFC travelled to Aberdare to play Pontypridd Town who were lying towards the bottom of the league table and are fighting to avoid relegation, having been promoted to this division like ourselves at the beginning of the season.

Llantwit knew they would be in for a hard game as past matches have shown, but their objective was to continue their fine run which has seen them suffer only one defeat in their last 10 league games.

In dry conditions, but with a bobbly pitch which was not allowing both teams to play football, Llantwit only really created two goalscoring opportunities in the first half.

The first came after 15 minutes when Josh Jones eased past a number of Pontypridd defenders which took him to edge the six-yard box, but his shot was blocked by the Pontypridd keeper.

The second opportunity was just before half-time when striker Anthony Rawlings could not get a better connection when he met a cross from Nathan Renfree and his shot just went past the post and into the side netting. The first half ended with the game goalless.

The second half began and with a minute of the restart Llantwit took the lead when they were awarded a penalty for a handball in the Pontypridd goal area. Anthony Rawlings stepped up and coolly dispatched the ball into the back of the net.

Ten minutes later Rawlings was put through on goal from a pass by left back Connor Goldsworthy and his shot brought out a fine save from the Pontypridd keeper.

Pontypridd replied a few minutes later when Jack Lansdown in the Llantwit goal had to make a very good save when he stopped a shot from the Pontypridd striker from around eight yards out from goal.

Llantwit were unlucky not to have another penalty midway through the second half when striker Rawlings was through on goal and appeared to be blocked by the Pontypridd defender, but his appeal was turned down.

Chances were at a minimum as Pontypridd battled to get the equaliser and in the 96th minute of play Pontypridd equalised with a header from Lewis Baldwin. Llantwit will be disappointed to be denied another win away from home but the results mantains their recent fine form.

Llantwit's next league game will be at home at Windmill Lane to Goytre United on Saturday, March 30, 2.30pm kick-off.

Llantwit Major: Jack Lansdown, Glyn Davies (Jamie Miller 71), Kristian Evans, Sean Williams, Connor Goldsworthy, Nathan Renfree (Nathan Jones 66), Mike Hartley, Jonathan Butler (c), Rob Jones, Josh Jones (Ben Cripps 81), Anthony Rawlings. Substitutes not used: Kyran Gardner, Max Morgan.

DJ

Cowbridge Darts League round-up

ON Tuesday, March 19 the Edmondes B consolidated their position at the top of the table by winning 8-1 against the Edmondes C. This was despite Noyle Burt (Edmondes C) winning a leg with a 120 three-dart-out.

Second-placed Highwayman Inn beat the Edmondes A 7-2. The One Town Hall Square beat the Red Lion Inn 6-3 and Llanharry beat the Victoria Inn by the same 6-3 score.

The Farmers Arms won the local derby beating the Hairy Farmers, also, 6-3. In this match Nigel Thomas (Farmers Arms) hit his sixth 180 of the season, making him one ahead of Luke Richards (Edmondes B) who has hit five.

Present league standings after 16 weeks, are: Edmondes B (112 points), Highwayman Inn (105), Edmondes A (77), Llanharry (72), Farmers Arms (66), Victoria Inn (62), Hairy Farmers (61), One Town Hall Square (49), Edmondes C (41) and Red Lion Inn (21).

Next week, Tuesday, April 2, the Edmondes B hosts the Edmondes A, the Farmers Arms hosts the One Town Hall Square, the Red Lion Inn hosts the Highwayman Inn, the Llanharry hosts the Edmondes C and the Victoria Inn hosts the Hairy Farmers. The action will start at 8.15pm and spectators are welcome.

For further information e-mail Paul at cowbridgedarts@gmail.com, up-to-date information can be found on the website: www.darts.apsn.co.uk.

PJT

Old Hall Bridge Club

THE results for Old Hall Bridge Club on March 20 are: First, Liam Sheridan and John Beard; second, Penny Jarvis and Marian East.

TP

Got a sports story, match report or item of interest? Then get in touch with us - email **sport@glamorgan-gem.co.uk**